



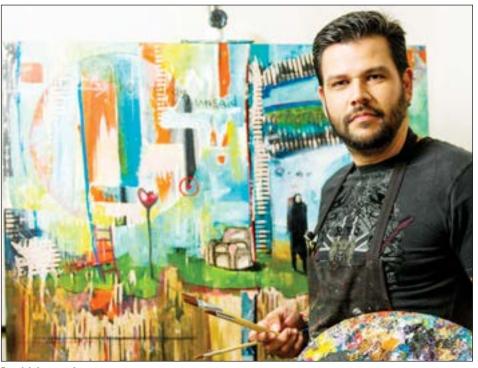
FREE Take Me Home

Vol. 14, No. 14

From the Beaches to the River District downtown Fort Myers

APRIL 10, 2015

Acevedo Exhibit At Davis Art Center



David Acevedo

Intuitive Praxis: New Works by David Acevedo, will be part of the May 1 Art Walk at the Sidney & Berne Davis Art Center in downtown Fort Myers.

This exhibition is composed of all new works by Acevedo. The collection includes a series of experimental, mixed-media pieces created in an abstract-expressionist style. The artist has followed an intuitive approach for the production of the exhibition.

The exhibit, showing through May 22, is from 6 to 10 p.m. and admission is free. continued on page 5



Meet animal ambassador Trouper at his annual birthday party. Pictured, Dot Lee, certified wildlife rehabilitator, and Kyle L. Miller, author of several books about the blind raccoon

Trouper The Blind Raccoon's Birthday Party And Nature Day

n Saturday, April 18 from 1 to 3 p.m., the Wildlife Education Project (WEP) presents Trouper's 6th birthday party. The annual event is held this year at the Calusa Nature Center and Planetarium in Fort Myers.

The family-fun event features games, photo opportunities and birthday cake. Onsite continued on page 5

Earth Day At The Refuge Features Tours, Hikes, Art

alk trash, meet Bagzilla, bike Wildlife Drive for free, observe plein-air artists and create earthfriendly crafts at this year's Earth Day at JN "Ding" Darling National Wildlife Refuge on Sanibel on Saturday, April

The refuge will celebrate the 45th anniversary of Earth Day in partnership with "Ding" Darling Wildlife Society-Friends of the Refuge and Tarpon Bay Explorers. Throughout the day, meet and greet "trashy" refuge educator Bagzilla, costumed in a year's worth of an average person's disposable bag consumption.

"This is the time for cyclists and hikers to do Wildlife Drive for free," said Ranger Becky Larkins, refuge education specialist and event organizer. "You can even get free bicycle rentals if you pick up at Tarpon Bay Explorers, our concessionaire,

Following is the schedule for earthcontinued on page 11



Bagzilla, wearing a year's worth of an average person's disposable garbage bag consumption, and friend

Last Capone Family Member To Share Stories

avor a lunch and lecture on Monday, April 20 at the Sidney and Berne Davis Art Center with Deirdre Marie Capone, author of the recently published Uncle Al Capone: The Untold Story from Inside the Family. She is the only remaining Capone family member with first-hand knowledge of her infamous family's legacy.

Deirdre Marie Capone was born in Chicago to a large Italian family – it just happened to be one of the most notorious crime families in American history. Her grandfather was Ralph Capone, brother to the Chicago Crime Commission's Public Enemy #1: Al Capone.

In 1957, 17-year-old Deirdre was fired from her job as a secretary for an insurance company simply for being a Capone. This experience was disillusioning, but eventually she was able to recover and create a life for herself with a man she met at that very company. Deirdre also sought comfort in her Deirdre Marie Capone beloved Aunt Maffie, the only sister of Ralph



and Al, who went on to share with Deirdre a detailed history of the Capone family.

continued on page 11



Today, the Ben Mar Condominiums are located where the house and large yard once were

photo by Gerri Reaves

Historic Downtown Fort Myers, Then And Now:



Williams House On First Street

by Gerri Reaves, PhD

t was 1952 when Cynthia Williams's family crossed the Edison Bridge and turned into the driveway of their new home on First Street.

First grader Cynthia instantly fell in love with the place and couldn't wait to jump out of the Pontiac and investigate the big side yard.

She recalls that her first comment was something like

"Oh, boy. Plenty of room to play cowboys.

Look closely at the front walk in the 1955 photo of that house and you'll see her bicycle, which she rode while carrying a toy rifle and pretending she was mounted cavalry.

Although she lived there for only several years – the family moved in 1956 - the house has been unforgettable for Williams. It often appears in her dreams and daydreams, she says.

The house was built in around 1920 on the south side of First Street on the edge of Dean Park. Located center-block between Avalon Place and Evans Avenue, it was one of many large homes along what used to be called East First Street and Millionaire's Row.

And what a delightful neighborhood for children. The large yard extended east to Evans, providing lots of play space.

Across from the house and on the river stood the 1925 Mediterranean-style American Legion Post 38 (originally built as an Elks Club).

Cynthia's father, Berry C. Williams, had come alone to Fort Myers and brought the house earlier that year. He then returned to Tennessee and brought his wife, Princess Spivey Williams, his three daughters, and his son to their new home in October. continued on page 6



The Berry C. Williams family moved into the house in October 1952. Pictured here in 1955, it was located on First Street, midway between Avalon Place and Evans Avenue. The large yard on its east side (left) served as a playground for Cynthia Williams and her three siblings.

photo courtesy of Cynthia Williams



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Fort Myers Art:

Lovegrove Gallery Hosts Slow Art Day

by Tom Hall

ovegrove Gallery & Gardens in Matlacha is again hosting Slow Art Day. Taking place on Saturday, April 11, this annual, globally-recognized event gives people a chance to form,

develop and share their own opinions about art in a way that's rare.

Five pieces of art will be exhibited at Lovegrove Gallery & Gardens, including the work of artist and gallery patron Karen Jarstad and four original works by Leoma Lovegrove that have never been shown before.

Slow Art Day 2015 Matlacha-style takes place from 11 a.m. to 3 p.m. At 2 p.m., all who attend will meet at the Blue Dog Cafe (a few doors from the gallery) to discuss the art. The event is free. RSVP appreciated. Just telephone 283-6453.

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled Art Detective. A former tax attorney, he lives in Estero with his fiancé and their four cats.

Mystery Walk Season Finale

The River District Alliance will have its season finale Mystery Walk on Friday, April 10 beginning at 6 p.m. in the historic downtown Fort Myers River District.

Each Mystery Walk offers a unique theme and this one is VOICE of DRUM, a Vocal Instrumental Community Experience that will include nearly two hundred community drummers, live performers, music and sights to behold.

The River District Alliance is a 501(c)3 organization dedicated to promoting and enhancing the development of the Historic River District as a hub of economic social activity.

For further details go to www.fort-myersriverdistrictalliance.com or contact Rene' Miville at 233-5105, or rmiville@comcast.net.



Calling All Artists

This year, the June juried exhibit theme at The Sidney & Berne Davis Art Center is the art of HeART. Artists are invited to explore both the physiological heart as well as art that speaks to what is at the core of their being. Deadline is April 27.

Exhibition dates are June 5 to 26.

There will be a \$500 cash prize for Overall Best of Show. The People's Choice and Berne's Pick winners will each receive \$250.

For more information, go to calltoartists.sbdac.com☆



Exterior of Lovegrove Gallery & Gardens in Matlacha



Hydroponic Sýstem Growers Free Workshop



Tadeo Camacho at his hydroponic farm in North Fort Myers

he Alliance for the Arts GreenMarket continues its second free gardening and urban farming presentations on Saturday, April 11 at 10:30 a.m. with Small Hydroponic Systems for the Home Grower.

Hydroponics is the process of growing plants in sand, gravel or liquid with added nutrients but no soil. This technique can



Tadeo Camacho presenting a hydroponics workshop at the GreenMarket

be used at any scale, from large commercial growers to the home kitchen garden. Hydroponic systems require very little space, are environmentally friendly and allow an large variety of home-grown produce to be added to the family table, including many kinds of greens, tomatoes, peppers, eggplants and herbs.

The workshop will be conducted by Tadeo Camacho of Father's Greenhouse, a hydroponic farm in North Fort Myers. Camacho has many years' experience

with hydroponics, both locally and in his native Costa Rica. His hour-long presentation will be followed by a Q&A

The class is free, but a small donation is appreciated, as it helps the Alliance to continue bringing these presentations to the public. Attendees are encouraged to take notes during the workshop.

GreenMarket, now in its fifth year, features a variety of local growers, bakers and artisans, and gives back to the community by offering free yoga, gardening workshops, live music, art activities, and opportunities to support and engage with environmental causes in Southwest Florida.

The market is at 10091 McGregor Boulevard, Fort Myers. Call 939-2787 or go to www.artinlee.org.☆

Farmers Markets Help Mark Public Health Week

he Florida Department of Health in Lee County is launching the Healthiest Nation 2030 goal to make Lee the healthiest county in one generation at four farmers' markets in celebration of Public Health Week.

Shoppers at four farm markets will be able to take home information on healthy lifestyles, healthy environments, disease prevention and tobacco cessation along with their fresh produce.

"Farm market shoppers are making a healthy choice," said Robert Palussek, administrator of DOH-Lee. "We encourage everyone to eat more fresh produce, and walk or bike to and from the market. Being active and eating at least five fruits and vegetables a day can help bring your personal health and Lee County's health to the top in the state."

Increasing consumption of fresh produce along with increasing physical activity is part of the department's Healthiest Weight initiative. New tips to be shared include backpacking without a cooler and camping with a cooler.

Staff will attend the Fort Myers Farmers Market under the bridge at Centennial Park Thursday, April 9, from 7 a.m. to 2 p.m.; the Lakes Park Farmers Market, 2330 Gladiolas Drive, Friday, April 10, from 9 a.m. to 1 p.m.; the Pine Island Tropical Fruit Market on Stringfellow Road at Ficus Lane in Bokeelia, Saturday, April 11, from 10 a.m. to 3 p.m.; and the Sanibel Island Farmers Market at Sanibel City Hall, 800 Dunlop Road, Sunday, April 12 from 8 a.m. to 1 p.m.





Organic Workshop For Home Gardener

earn how to use organic controls to tackle disease and insect pests øin your home garden.

A workshop will be held Saturday, April 18 from 1 to 3 p.m. inside North Fort Myers Rec/Community Center at 2000 N. Recreation Parkway, North Fort Myers. Membership is not required.

Speaker Karen Harty is executive director of Grow a Gardener Inc. and an active Lee County Master Gardener. Workshop fee includes presentation, a laminated pest/disease control guide, a workshop to make yellow sticky traps and an organic spray mix.

Registration is required. Mail \$20 to: Grow a Gardener, 2710 5th Street SW, Lehigh Acres, FL 33976. Participants will have the opportunity to place orders for difficult-to-find organic controls at the workshop. Scholarships are available for those financially in need.

Contact Karen Harty at 610.530.8883 or GrowaGardener@ gmail.com for more information.☆

Republican Women's Lunch

'otivational speaker Debbie Peterson will be the featured speaker at the regular monthly luncheon meeting of the Fort Myers Republican Women's Club on Tuesday, April 21. She will discuss how retiring and moving into other chapters of our lives is often motivated by situations which weren't important before. Jobs are winding down, along with spouses or perhaps the spouse isn't in the picture any more, kids are grown and a lot of women wrestle with who they are.

The public is invited to attend the luncheon and the program at The Helm Club, The Landings, South Fort Myers. A social hour begins at 11:15 a.m. The noon lunch will be followed by the business meeting and program.

The luncheon cost is \$18. Reservations are required by Thursday, April 16, and may be made by contacting Tina Laurie, 489-4701.

Additional information about the club may be obtained from the president, Carole Green, 850-590-2206.☆



Scene at a previous Smoke on the Water From page 1

Davis Art Center

• On May 1 to 3 and May 6 to 10, Ghostbird Theatre presents *The Guardsman* by Ferenc Molnár, directed by Barry Cavin. It depicts a married celebrity couple behaving badly. James Brock's new translation delivers all the farcical hilarity but doesn't shy away from the dark interiors of jealousy and suspicion that haunt all couples, famous or not. Hollywood might have made this story before but it was never seen quite like this.

Admission \$10, curtain, 8 p.m. Saturday performances, 2 p.m.

• May 5, Art Talk Tuesday

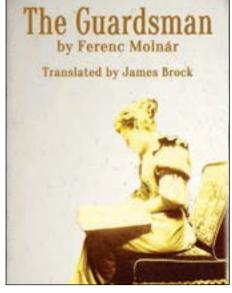
Meet artist David Acevedo and join him for a walk and talk about exhibiting art work, learn about different mediums and see what inspires and evokes the artist to create. Takes place Tuesdays following the First Friday opening Art Walk exhibit.

\$5 admission; 7 to 9 p.m., free for members.

• May 14, Connect Networking Positive and inspiring networking event with uplifting topics, guest speakers, raffle prizes and appetizers. Connect Networking is held the second Thursday of every month from 5:30 to 7:30 p.m.; \$10 general admission, \$30 business promotional table.

• May 15 and 16, Smoke On The Water Barbecue Competition & Music Festival

Second annual Florida Bar-B-Que



Association-sanctioned competition and music festival in downtown Fort Myers in front of the city pier building at Edwards and Hendry streets. Visit www.bbq.sbdac.com for more information.

• May 28, Art & Poetry Networking Event

An evening of local art and poetry. Artists will have the opportunity to showcase their work and share it with the local community. Also this is a chance to meet upcoming artists and poets in the area; 8 p.m., \$10 admission.

- June 5 to 26, Juried Exhibition, Art of the HeART
 - June 9, Art Talk Tuesday.☆

From page 1

Trouper The Raccoon's Birthday

food service is available or bring a picnic lunch.

Trouper suffered a brain injury when he was eight weeks old and is blind as a result. Dot Lee, a certified wildlife rehabilitator, rescued the injured raccoon and has been his caregiver ever since. The two often travel with Kyle L. Miller, author of several books about the wildlife ambassador, to teach the public about the importance of having respect for all living creatures.

Schedule:

8:30 a.m. Health and nature walk; 10 a.m. Butterfly House and photos and Junior Naturalists provide close encounters with wildlife;

12 p.m. Planetarium show;

12:30 p.m. Meet Smokey the Bear;

1 p.m. Trouper's Birthday Celebration kick-off and meet Trouper;

2 p.m. Trouper's Teachings, wildlife show, Trouper's birthday cake and table

3 p.m. Special planetarium show, Big Bird and the Universe.

Donations help benefit the Wildlife Education Project. Admission supports the Calusa Nature Center. Admission is \$10 per adult and \$5 for children three to 12 years of age.

For more information about Lee, Miller and Trouper, go to www.trouperraccoon.com or www.wildlifeeducationproject.org.

The Calusa Nature Center and Planetarium is located at 3450 Ortiz Avenue, Fort Myers. For more information, call 275-3435.**

Real Life Heroes To Be Present At Beach Film Festival Opening

hoosing a Superhero theme for its event, organizers of the 2015 Fort Myers Beach Film Festival aimed to highlight a range of topics and genres, focusing on "real-life" superheros as well as blood Hollywood superheroes.

Opening the festival on Wednesday, April 22, is the documentary, *Heroes: Behind the Badge*, a film about real-life heroes in law enforcement. The film begins at 3 p.m. at the Beach Theater on Estero Boulevard and guests are encouraged to attend the ribbon cutting ceremony beginning at 2 p.m.

The documentary highlights the brave men and women of law enforcement who put their lives on the line each day. The stories of these heroic individuals are power-

ful, emotional, insightful and educational.

Attending the Film Fest premiere of *Heroes: Behind the Badge* will be Toni Jorgenson, honorary colonel, of Pleasant Grove; Bill Erfurth, executive producer and ex-commander of the TNT Unit of the Miami Dade Police Department; and Brody Young, Utah Park Ranger shot nine times and subject of the film.

Attendees will also get the chance to personally honor local superheros. The Lee County Sheriff's Office, Fort Myers Beach Fire District, the Lover's Key Park Rangers and coast guard groups, and their families, have been invited to the screening.

In accordance with the film's ultimate message of sacrifice and dedication to community, the Fort Myers Beach Film Festival will be making donations to the Lee County Sheriffs Department and the Fort Myers Beach Fire Department.

Screenings will be held continuously over the five-day festival at The Beach Theater. Major sponsors include the Beach Theater, the Greater Fort Myers Beach Area Friends of the Arts, The Beaches of Fort Myers and Sanibel and the Town of Fort Myers

The festival will celebrate its ninth year with 76 films that will play April 22 to 26. For more information about the festival, advance tickets, VIP passes or other questions, contact event staff at 896-5927 or visit www.fmbfilmfest.com.

Share your community news with us. Call 415-7732, Fax: 415-7702 or email press@riverweekly.com



Williams House

Williams was an accomplished man with many interests. A Phi Beta Kappa graduate of Duke University and Duke School of Law, he was originally a criminal attorney, but he saw more promise in the building industry in the post-World War II boom.

Starting as a building contractor, he later became a real estate investor, too. He had an office on the west rear corner of the property, converted from a small 1920s garage, his daughter remembers.

Also drawing him to the area was his desire to escape the cold northern weather and to fish in the tropics, a passion born during his tour of duty at the U.S. Navy Supply Depot in Trinidad during WWII.

Excerpts from Fisherman's Paradise, his previously unpublished fishing adventures, appear each week in the The River Weekly News, presented by his daughter Cynthia.

It turns out the move was, in fact, a return to Fort Myers for him, for he had actually spent a year or so in the area as a child. He came here with his mother and siblings in June 1925, but the disastrous hurricane of 1926 soon sent the family back to Tennessee.

Curiously enough, the house he bought in 1952 figured large in his memories of that brief time in Fort Myers, as revealed in his unpublished memoir *The Florida Fling*.

He described how he and his twin brother, Bill, engaged in a common enough activity for children: stealing mangoes and coconuts.

The forbidden fruit came from "the prettiest yard [he] had ever seen," he wrote. It turns out that the pretty yard was the very property he would buy almost 30 years later.

The lady of the house who caught him and his brother halfway down the sidewalk let the twins off easy, offering them all the fruit they wanted if they only asked for it properly.

Williams wrote that he and Bill left thinking that Florida women were the nicest women they had ever met.

And who was that lady? Records show that in 1925, Mrs. E. Remington (Aline) Nichols lived in the house, so perhaps it was she who treated the children so kindly.

In any case, Berry Williams did penance for his "crime." He came down with a severe allergic reaction to mango sap and spent a terrible week in bed.

Ninety years later, the house, fruit trees and enticing playground are gone. In the 1960s, the Sherri-Lee

In the 1960s, the Sherri-Lee Apartments were built on the land where Cynthia Williams's father and uncle helped themselves to mangoes and coconuts and she and her siblings once lived and played.

The apartments were soon converted into a motor lodge, and by the late 1960s, they became the Ben Mar Motel. Today, the former motel is the Ben Mar

Condominiums.

Walk down First Street to investigate which grand old homes have and have not survived into the twenty-first century.

Then visit the Southwest Florida Museum of History at 2031Jackson Street to learn more about that section of town in the 1950s.

Call 321-7430 for information or go to www.museumofhistory.org. Hours are 10 a.m. to 5 p.m., Tuesday through Saturday.

Be sure to check out the Southwest Florida Historical Society's research center if you love local history.

The all-volunteer non-profit organization is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Hours are Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m. Call 939-4044 for more information.

Sources: Archives of the Southwest Florida Historical Society and Berry C. Williams Family Archives.☆

Lake Kennedy Senior Center

Lunch & Learn Seminar Offered

ake Kennedy Senior Center will host a free lunch with Tori Waggoner, assistant pharmacy manager at Publix, on Wednesday, April 15. The event will be held from 11:30 a.m. until 1 p.m.

Waggoner will share information and answer questions about diabetes, food and youand offer information that could be beneficial to attendees, their family and friends.

Complimentary refreshments will be provided by Publix Pharmacy #1327, 127 Cape Coral Parkway West.

Preregistration is required.

Lake Kennedy Senior Center is located at 400 Santa Barbara Boulevard in Cape Coral. For more information, call 574-0575.

Lake Kennedy Senior Center

Spring Musical Celebration

The Lake Kennedy Center will celebrate spring in harmony with the Sounds of Lake Kennedy Spectacular show on Sunday, April 12. Doors open at 1:45 p.m. and showtime is 2:15 p.m. Cost is \$7 and pre-registration in required.

A new season is here so let the performers put a smile on your face and a song in your heart. The show is directed by musical legend Sandy Dral. Appetizers, tea and refreshments will be served. Ladies are encouraged to wear their favorite big hats.

Lake Kennedy Senior Center is located at 400 Santa Barbara Boulevard in Cape Coral. For more information, call 574-0575.

HORTOONS



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New Guy Harvey Hard-Card License

submitted by Amanda Nalley

There's something wonderful about having a shiny new card in your wallet. While paper licenses do their part, a plastic license that easily fits in among other cards has so many benefits. t doesn't get accidentally tossed out with the receipts. It is waterproof. It doesn't rip or wear.

Due to popular demand, last fall the Florida Fish and Wildlife Conservation Commission (FWC) began selling \$4 hard-card licenses to those purchasing one-year licenses. Prior to this, only those who got five-year or more licenses were able to purchase a hard-card.

licenses were able to purchase a hard-card.
And to top it off, the new licenses feature art donated by Guy Harvey. Printing for these new cards began in September 2014.

The newest design features dolphinfish or mahi, as many call them. The original card, which has sold out, featured Florida's state saltwater fish, the sailfish.

"We wanted to put something on there that is realistic to catch," said Brenda Brand, who works in the FWC licensing department. "My son went crazy over it. He feels like he has something adult, a pre-driver's license. It also allows him to show his support for conservation."

"Conservation is the key in the new design," said Rodney Barreto, chairman of the Fish & Wildlife Foundation of Florida. "Our I DO advertising campaign encourages everybody to support conservation by purchasing a Florida fishing license, whether they are required to or not. As license sales increase, the FWC uses the funds to support efforts such as youth programs, improved fishing opportunities, research and law enforcement."

The I DO campaign features images of real Floridians who support conservation by purchasing a Florida hunting or fishing license. The campaign has garnered great support from the industry and was recently endorsed by Bass Pro Shops founder John L. Morris.

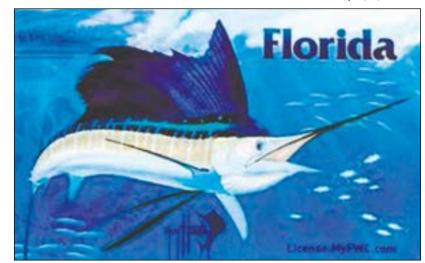
Since the I DO campaign and the newly-designed hard card were launched, the FWC has sold more than 98,000 Guy Harvey hard-card licenses. Learn more about the I DO campaign at www.floridafishinglicensecampaign.com

"The I DO campaign is a great example of the cooperative efforts between the Foundation and the FWC," said FWC chairman Richard Corbett. "The end result is enhanced conservation and recreational opportunities for Floridians."

Want one of your own? Visit www.License. MyFWC.com and renew or purchase your license today. You can also purchase one at your local tackle shop or tax collector's office.

Say I DO to conservation and send a picture of you and your Guy Harvey hard-card to us at Saltwater@MyFWC.com and we may feature it in an upcoming regulations publication or via social media.

Don't forget to record all of your catches on the iAngler phone app or at www.snookfoundation.org/data.html.



The new licenses are plastic and waterproof, so they don't rip or wear



Craft Fair Coming To Civic Center



The two-day fair features the work of artists from three states

Buckler's Craft Fair comes to the Lee Civic Center this month. The two-day event is open 10 a.m. to 5 p.m. on Saturday, April 18 and 10 a.m. to 4 p.m. on Sunday, April 19.

The craft fair features handmade creations by artists and crafters from three states. There will also be free hourly door prizes.

Bring in this article, show a photo of it on your phone, or bring a canned

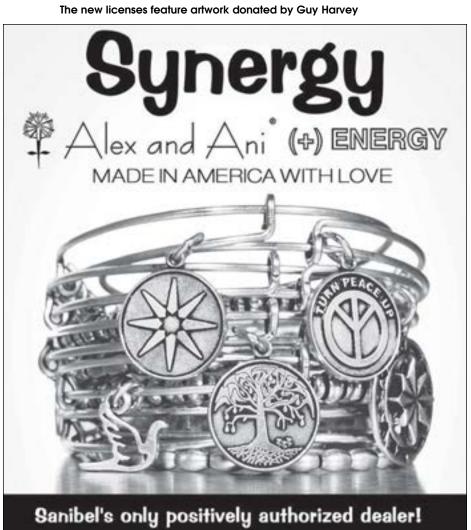


The large selection of crafts includes food, furniture, primitives, jewelry, art, soaps, teas, painted glass and pet items

food item to benefit the Harry Chapin Food Bank and receive \$2 off admission. Parking is free.

The Lee Civic Center is located at 11831 Bayshore Road, North Fort Myers. For more information, go to www.bucklercraftfair.com or call 386-860-0092.

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Along The River



Antiques and Memories sells everything from jewelry and vintage clothes to primitives, antique furniture, glassware and adult collectible toys. Pictured is a collection of high-end furniture from the 1940s to the 80s

top by **Antiques and Memories** any day of the week to shop for exceptional, one-of-a-kind accessories for your home. As one of the area's largest antique malls, it has something for everyone regardless of taste, budget, age or gender, all under one roof. Antiques and Memories sells antique furniture, custom furniture, crystal, glassware, pottery, toys, wall art, crafts, jewelry, vintage clothes, primitives, militaria and adult collectible Hot Wheels. The options are endless and the inventory is updated daily.

If you are looking for beautifully-designed modern furniture, check out Jay Ewing's inventory. Ewing collects and sells high-end furniture and accessories dating from the 1940s through the 70s. "I have some things from the 80s, because they are getting popular now. I stick to the high-end stuff," he said. "I have patio furniture, modern lucite – which is really popular – leather sofas, designs from Denmark, American designs, Italian leather sofas. It's really a mix." Ewing also sells lamps and accessories from notable designers like Herman Miller and Knoll International, in addition to some items that are inspired by well-known designs, like one similar to the iconic Barcelona chair. If you see something you like and want to know more about it, simply ask: the staff at Antiques and Memories is friendly and very knowledgeable.





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The Steampunk Stompers will perform on Friday at the Koreshan State Historic Site in Estero

Antiques and Memories is open Monday through Saturday from 10 a.m. to 6 p.m. and Sunday from 11 a.m. to 4 p.m. It is located at 1788 Fowler Street in the Gardner's Park section of downtown Fort Myers' River District. Call 226-1992 or visit www.antiquesandmemories.net.

On Friday, April 10 from 7 to 9 p.m., the Koreshan State Historic Site in Estero presents **The Steampunk Stompers** in concert.

Steampunk is a phenomenon that is a mix of Victorian costuming paired with steam-engine driven and space-related technology. Clothing items include aviator headgear, goggles and vests with dials and gears, along with Victorian dress like top hats. The music, from a tuba with a propeller and a steam pipe, is eclectic. Some music comes from the early Victorian era and early 1900s, with lots of brass sounds. Costumes are encouraged. Steampunking is popular at Comic-Con and Renaissance festival events. There will be models in costume to pose for pictures with attendees.

Tickets are \$15. Call the park at 992-0311 to purchase tickets in advance as space

Koreshan State Historic Site is located at 3800 Corkscrew Road, Estero. For more information, call 992-0311 or go to www.floridastateparks.org/park-events/Koreshan.

On Sunday, April 12 from 11 a.m. to 6:30 p.m., the 3rd annual BBQ, Bands & Brew returns to Alliance for the Arts. The festival features the best in local BBQ, great live music and fun for the entire family. Last year alone, the fundraiser, presented by Builders Care, raised more than \$60,000 to help homeowners in need in Lee county with emergency home repairs. 100 percent of funds raised each year stays in Lee

Local food vendors will be on hand selling Southwest Florida's best barbecue cuisine including pulled pork, spare ribs, beef brisket, corn bread and sweet tea. There will also be raffle prizes, a 50/50 and a charity Poker Run.

Admission is \$10 per adult, free for children 12 and under. Tickets can be purchased in advance or at the door (cash only).

Band Schedule

11 a.m. to 12:30 p.m.: Rocker 1 to 2:30 p.m.: Alter Ego

3 to 4:30 p.m.: Deb & the Dynamics 5 to 6:30 p.m.: Grayson Rogers Band

Alliance for the Arts is located at 10091 McGregor Boulevard, Fort Myers. For more information about BBQ, Bands & Brew, call 938-0056 or go to www.bbqbandsandbrew.com.

On Monday, April 13 at 7 p.m., Shell Point Retirement Community presents a concert by Anna Tsukervanik, award-winning violinist.

Tsukervanik was born in Tashkent, Uzbekistan in 1987 and started her studies at the age of four at the Uspensky Specialist Music School for gifted children. At age 14, she won first place in the 2005 Glazunov Violin Competition in Paris and the following year she won the Grand Prix at the International Violin Competition in Kazakhstan.

Tsukervanik is currently studying professional performance in violin at Lynn University Conservatory of Music in Boca Raton. She participated in the Gunma Youth Symphony Orchestra Festival in Tokyo in 2009 and has performed in Bukhara in a number of concerts with the Hamburg Symphony Orchestra.

She is a member of the recently formed award-winning Tashkent Piano Trio, which won the MTNA Florida State Competition in 2013. Past and future concerts include the Chamber Music Society of New York 2013-2014 season, as well as the Kennedy Center in Washington, D.C.

Shell Point Retirement Community is located at 15100 Shell Point Boulevard, Fort Myers. For more information, call 454-2067 or go to www.shellpoint.org.

FORT MYERS FARE

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For more information, check out our advertisers in this week's River Weekly

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15880 San Carlos Boulevard #110, Fort Myers. Call 208-8889.

DOC FORD'S RUM BAR & GRILLE

Doc Ford's Rum Bar & Grille is named for the Doc Ford character in local author Randy Wayne White's bestselling mystery novels.

It's a well known gathering place with indoor and outdoor patio seating. The combined menu offers all the lunch and dinner items from 11 a.m. until closing. It includes cedar plank salmon topped with a mango chipotle glaze or a marinated



Stop by the Cork & Barrel for an exceptional tapas dining experience

grilled chicken sandwich and there's a well provisioned raw bar. Tropical drinks are a specialty, notably the signature rum drink, Island Mojito.

708 Fisherman's Wharf, Fort Myers Beach. Call 765-9660.

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Ichiban is a downtown favorite for Chinese and Japanese cuisine. The name means "number one" in Japanese and offers its customers the perfect balance of great quality and affordable prices. Ichiban has been family owned and operated for 10 years and its enduring popularity is a testament to its exceptional, friendly service.

1520 Broadway #106, Fort Myers. Call 334-6991.

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Where can you go when you're in the moooood for some great cook'in, local fun and prices that won't make you lose the farm? Try Island Cow on Sanibel.

Island Cow is an airy bistro with french

Island Cow is an airy bistro with frenc doors leading out to the front and back patios. It is open daily for breakfast, lunch and dinner. Dine under the stars while you listen to live music on one of Sanibel's only al fresco eating porches.

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NERVOUS NELLIE'S CRAZY WATERFRONT EATERY

Nervous Nellie's is a casual, family-fun restaurant that boasts a large selection of appetizers, fresh seafood, over-stuffed sandwiches and entrées. Dine in airconditioned comfort or outside on Nellie's expansive waterfront patio. Live music. Happy hour all day. Grab a bite to eat or drink and swing to the beats of live reggae, rock and island music from the area's premier musical talent.

Just upstairs from Nellie's is Ugly's

continued on page 18



Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION (UUA)

Where diversity is treasured, 2756 Mc-Gregor Blvd, Fort Myers. Sunday Services 9 and 11 a.m., Adult Education Workshop at 10 a.m., Reverend Margaret L. Beard, Minister. 226-0900. www.allfaiths-uc.org ALL SAINTS BYZANTINE

RITE CATHOLIC CHURCH

10291 Bayshore Road, North Fort Myers Divine Liturgy Sunday 10:30 a.m.; Rosary begins 10 a.m. Lenten services (Presanctif ed Liturgy) will be on Wednesday evenings at 6 p.m. starting February. Very Reverend Peter Lickman, 305-651-0991. Church of the Eastern Catholic or Byzantine Rite, 1.5 mi. east of Interstate 75. ANNUNCIATION GREEK

ORTHODOX CHURCH

8210 Cypress Lake Drive, Fort Myers Reverend Fr. Dean Nastos, Proistamenos Orthros Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., www.annunciation. fl.goarch.org, 481-2099

BETH SHILOH

MESSIANIC SYNAGOGUE

15675 McGregor Boulevard. Rabbi Judah Hungerman. Friday Service, 8 p.m., Saturday Service, 11 a.m. Shabbat School Saturday Morning, Adult Hebrew Classes.

Call for information 437-3171 BREAD OF LIFE MINISTRIES **CHURCH OF GOD**

CHURCH OF GOD

16581 McGregor Boulevard, 267-3166

Just past the Tanger Outlet Mall. Pastor
Barry Lentz, 281-3063. Sunday Worship,
10:30 a.m., Wednesday Bible Study, 7 p.m.

CHABAD LUBAVITCH

OF SW FLORIDA ORTHODOX

5620 Winkler Road, Fort Myers. Rabbi
Vitzchok Minkowicz, 433-7708, rabbi

Yitzchok Minkowicz. 433-7708, rabbi@ chabadswf.org. www.chabadswf.org. Friday service 6:30 p.m.; Saturday Kabbalah class 9 a.m.; Shacharit 10 a.m.; Kiddush at noon. Minyan Monday and Thursday 7 a.m.

CHAPEL OF CYPRESS COVE

10200 Cypress Cove Circle Fort Myers 850-3943, Located at Cypress Cove Retirement Center on HealthPark Campus An ecumenical non-denominational community of believers. Sunday Worship Service, 10 a.m.; Wednesday Bible Study, 7 p.m. Reverendt Ted Althouse, Pastor revtedalthouse@aol.com

CHURCH OF THE CROSS

13500 Freshman Lane; 768-2188. Pastor Bud Stephens; A nondemonimational church emphasizing a personal relationship with Jesus Christ. Sunday Service: 9:15 a.m. Traditional, 10:45 Contemporary. CONGREGATIONAL CHURCH

1619 Llewellyn Drive Fort Myers. Just off McGregor across from the Edison/Ford Winter Estates 334-4978, Pastor Douglas Kelchner, Worship times Sunday's 9 and 10:30 a.m. Website: www.taecc.com

COVENANT PRESBYTERIAN CHURCH 2439 McGregor Boulevard, 334-8937 Reverned Dr. Jeffrey DeYoe, Senior Pastor Reverend David Dietzel, Pastor Emeritus. Traditional Sunday service 10 a.m. Nursery

CYPRESS LAKE BAPTIST CHURCH 8400 Cypress Lake Drive, Fort Myers,

481-5442 Randy A. Alston, Reverend. Sunday Services: Bible study, 9:45 a.m. Morning Worship, 11 a.m., Evening Worship, 7 p.m., Wednesday Prayer Meeting, 6:30 p.m. CYPRESS LAKE

PRESBYTERIAN CHURCH

8260 Cypress Lake Drive, Fort Myers, 481-3233. www.clpc.us. Clint Cottrell, Pastor. Prayer Service 8 a.m., Praise 9 a.m., Children's Church 9 a.m., Traditional 11 a.m. Summer Prayer Service 8 a.m. Combined Traditional/Praise 10 a.m.

CYPRESS LAKE UNITED METHODIST CHURCH

8570 Cypress Lake Drive, Fort Myers, 482-1250, 8 and 11 a.m. Sunday Traditional Service 9:30 a.m. Praise Service Sunday School all times.

FAITH FELLOWSHIP WORLD **OUTREACH MINISTRIES**

6111 South Pointe Boulevard, Fort Myers, 278-3638. Sunday Worship, 10:30 a.m.; Voice of Faith, WCRN 13.50 AM Radio, Sunday, 1:30 p.m.; Thursday Service, 7:30 p.m.; Friday Youth Service, 7:30 p.m. Nursery care for pre-school children and Children's Church ages 5 to 12 available. FAITH UNITED METHODIST CHURCH 15690 McGregor Boulevard, Fort Myers, 482-2030. Pastor David Stauffer. 9 a.m. Contemporary Worship. 10:10 a.m. Sunday School. 11:15 a.m. Traditional Service. 5:30

p.m. Youth Group. Go south on McGregor Boulevard. The church is ½ mile past the intersection of Gladiolus and San Carlos Boulevard on the way to Sanibel FIRST CHURCH OF CHRIST, SCIENTIST

2390 West First Street, next door to Edison Estates. Sunday Morning Service and Sunday School, 10:30 a.m.; Wednesday Evening Testimony Meeting, 5:30 p.m. Child care provided at all services. Visit our Reading Room for quiet study at: 2281 First Street, River District. www.time4thinkers.com, www.christiansciencefortmyers. com. www.christianscience.com

FIRST CHURCH OF THE NAZARENE 13545 American Colony Boulevard off Daniels Parkway in the Colony, Fort Myers, 936-2511 Pastor Reverend Joey Brummett Sunday School: 9:30 a.m.; Morning Worship, 10:30 a.m.; Sunday Evening, 6 p.m.; Wednesday Family Night, 7 p.m.
FIRST UNITED METHODIST CHURCH

Downtown Fort Myers River District, 2466 First Street, 332-1152. www.fumcftmyers. org. Sunday Services: 9 a.m. Contemporary Worship; 10:10 a.m. Sunday School; 11:15 a.m. Traditional Service; 5:30 p.m. Youth Group.

FORT MYERS CHRISTIAN CHURCH (DISCIPLES OF CHRIST) A STEPHEN MINISTRIES CONGREGATION

5916 Winkler Road, Fort Myers, 437-4330 Pastor Reverend Mark Condrey. Sunday Worship: 10:30 a.m. Church School: 9:15

FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST:

8210 College Parkway, Fort Myers. 482-3133. Philip White, pastor. Morning Worship: 10 a.m., Church School: 10:15 a.m.,
Adult Forum: 11:30 a.m.
IONA-HOPE EPISCOPAL
CONGREGATION

9650 Gladiolus Drive, Fort Myers 454-4778. Reverend Ray Buchanan Rector. Saturday 5 p.m., Eucharist with Healing; Sunday 8 a.m., Holy Eucharist, Rite One; 9:30 a.m., Family Eucharist with Healing and Church School. Tuesday 9:30 a.m., Morning Prayer (in Spanish); Wednesday 9:30 a.m., Eucharist with Healing. Child care available Saturday 5 p.m. and Sunday 9:30 a.m. services.
JESUS THE WORKER

CATHOLIC CHURCH

881 Nuna Avenue, Fort Myers, 481-1143 Masses Friday and Saturday, 7 p.m.; Sun-

day, 8 and 10 a.m. and 6 p.m. KINGDOM LIFE CHURCH

2154 McGregor Boulevard, Fort Myers, 218-8343. Pastor Randy and Anita Thurman. 10:30 a.m. Sunday Service. **LAMB OF GOD CHURCH**

One of a few federated Lutheran (ELCA) and Episcopal Congregations in the nation. 19691 Cypress View Drive, Fort Myers. 267-3525. www.lambofgodchurch.net. Reverend Dr. James Reho. Sunday 7:45 and 10 a.m. Sunday's Cool for Children 10 a.m. **NEW BEGINNINGS CENTER**

New Home Church, 8505 Jenny Cae Lane, North Fort Myers, 656-0416. Weekly Friday meeting meet and greet 6:30 p.m. Kingdom Teaching 7 p.m. Fellowship and refreshments. nbcministry@embarqmail. com, www.facebook.com/nbcministry. Alex and Patricia Wiggins, Ministers NEW COVENANT EYES CHURCH

See Clearly. Meeting monthly at 9 a.m. at the Elks Lodge. 1900 Park Meadows Drive, Fort Myers. 220-8519. Pastor Alan Bondar. www.newcovenanteyes.com. LIFT Kidz program, free coffee and donuts. **NEW HOPE BAPTIST CHURCH**

OF FORT MYERS

16120 San Carlos Boulevard, Unit 10. 985-8503. 9:45 a.m. Sunday School for all ages. 11 a.m Sunday Morning Worship. 7 p.m. Wednesday Evening Bible Study.

NEW HOPE PRESENTERIAN CHURCH 3825 McGregor Boulevard. Fort Myers. Pastor Eddie Spencer. 8 and 9:30 a.m. Traditional Worship. 11 a.m. Contemporary Worship. 8, 9:30 and 11 a.m. Sunday School. Youth and Children's programming runs concurrent to Sunday services. Nursery care provided at all services. 274-1230. www.newhopefortmyers.org.
PEACE COMMUNITY CHURCH

Meets at Fort Myers Beach Masonic Lodge. 17625 Pine Ridge Road, Fort Myers Beach 267-7400. Pastors Bruce Merton, Gail and RC Fleeman. Adult Discussion Classes 9 to 10 a.m. Countdown to Worship 10:10 a.m. Amazing Grace Worship: 10:30 a.m. 267-7400. peacecommunitychurch.com. peace1265@aol.com. PEACE LUTHERAN CHURCH

Sunday Worship at 9:30 a.m. Peace a member of ELCA. Weekly communion with traditional liturgy, organ and choir. 15840 McGregor Boulevard, Fort Myers, on the way to Sanibel. 437-2599, www.peaceftmyers.com, peace@peaceftmyers.com. REDEEMER LUTHERAN CHURCH 3950 Winkler Ext., Fort Myers, 274-0143 8:15 and 10:15 a.m. Sunday Services Daily early learning center/day care.

RIVER OF LIFE ASSEMBLY OF GOD 21580 River Ranch Road, Estero. 495-0400, Senior Pastor Todd Weston. 8 and 9:45 a.m Services; 11:30 a.m. Legacy

Service, multi-generational.

SAMUDRABADRA BUDDHIST CENTER Meditation classes. Guided meditations, methods to relaxe body and focus mind on virtuous objects. Bring peace and happiness into daily activity. 567-9739. www. MeditationInFortMyers.org.

SAINT COLUMBKILLE **CATHOLIC CHURCH**

12171 Iona Road, Fort Myers, off Mc-Gregor and north of Gladiolus. 489-3973 Father Joseph Clifford. Monday through Saturday 8 a.m. Saturday 3 and 5 p.m.; Sunday 7, 9,11 a.m. and 5:30 p.m. Reconciliation Saturdays 12 noon and by appointment.

SAINT JOHN THE APOSTLE **METROPOLITAN COMMUNITY CHURCH** 3049 McGregor Boulevard, Fort Myers, 344-0012. Pastor Reverend Steve Filizzi.

An Affirming and Inclusive Congregation Sunday Services 10 a.m.

SAINT MICHAEL LUTHERAN **CHURCH & SCHOOL (LCMS)**

3595 Broadway, Fort Myers, 939-1218, Worship: Saturday 5:30 p.m., Sunday 8 and 10:45 a.m. Bible Study for adults and children Sunday at 9:15 a.m.
SAINT PETER LUTHERAN CHURCH

3751 Estero Boulevard, Fort Myers Beach, 463-4251, www.stpeterfmb.com.
SAINT NICHOLAS MONASTERY

Church and Bookstore. 111 Evergreen Road (southwest corner of Evergreen Road and Gail Street.) Liturgical services conducted in English and Church Slavonic; following the Julian (Old) Calendar. Liturgical Services Sundays and Holy

Days 9:30 a.m. Holy Liturgy 0 a.m. Call to confirm service schedule: 997-2847; Bookstore 691-1775. www.saintnicholas-

monastery.org.
ST. VINCENT DE PAUL
CATHOLIC COMMUNITY

13031 Palm Beach Boulevard (3 miles east of I75) East Fort Myers (across from Fort Myers Shores) 693-0818. 9 a.m. Tuesday through Friday. 4 p.m. Saturday, 9 and 11 a.m. Sunday. SOUTHWEST BAPTIST CHURCH

16940 McGregor Boulevard, Fort My-

ers, 454-3336. Robert G. Kasten Pastor.

Sunday 11 a.m. Nursery 9:45 a.m. Sunday School all ages. Junior Church grades one to five. Wee Church Pre-K to K. Evening Service 6 p.m. Wednsday Service 6 p.m. TEMPLE BETHEL SYNAGOGUE 16225 Winkler Road Fort Myers. 433-0018, www.templebethel.com. rabbi. barras@templebethel.com. Rabbi Jeremy Barras, Cantor Victor Geigner, Religious School Director Dale Cohen, Learning Tree Director Jesyca Virnig, Office Manager Inna Vasser. Union For Reform Judaism Shabbat Service Friday 7:30 p.m., Torah Study Saturday 9:30 a.m. Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m. Learning Tree Monday through Friday.

TEMPLE JUDEA (CONSERVATIVE) 14486 A&W Bulb Road, Fort Myers, 433-0201, Rabbi: Rabbi Marc Sack Minyan: Monday at 9 a.m. Religious Education: Sunday mornings and Wednesday evenings. Services Friday 6:15 p.m. and

THE NEW CHURCH The New Church of SWFL, 10811 Sunset Plaza Circle #401, behind Zoomers. Reverend Gabriella Cahaley. Sundays 11 a.m. during the season. Other worship events on Fort Myers Beach. http://www. newchurchflorida.com. 481-5535. UNITARIAN UNIVERSALIST

CHURCH FORT MYERS

Saturday 9 a.m. www.tjswfl.org.

13411 Shire Lane (off Daniels Parkway one mile west of I-75). Minister The Reverend Allison Farnum. Sunday services and religious education at 10:30 a.m. 561-

2700. www.uucfm.org.
UNITY OF BONITA SPRINGS

28285 Imperial Street, Bonita Springs. 947-3100. Family Service 10 to 11 a.m. Healing Circle 11 a.m. Hospitality and Fellowship, 11 a.m. Inspiring lesson, uplifting and dynamic music, meditation in a loving environment.

UNITY OF FORT MYERS

11120 Ranchette Road, Fort Myers Sunday Services 9:15 and 11 a.m. Children's classes 11 a.m. Reverend Jim Rosemergy. 278-1511, www.unityoffortmyers.org. Our God is Love, Our Race is Human, Our Religion is Oneness WESTMINSTER PRESBYTERIAN

CHURCH

9065 Ligon Court, Fort Myers, across from HealthPark Hospital, 481-2125. Senior Pastor Robert Brunson. Sunday 9:30 a.m. Sunday School for all ages. 11 a.m. Blended Worship. www.westminsterfortmy-

WORD OF LIFE CHURCH

2120 Collier Avenue, Fort Myers. 274-8881. Sunday 10 a.m.; Wednesday 7 p.m. Bishop Gaspar and Michele Anastasi ZION LUTHERAN CHURCH

7401 Winkler Road, Fort Myers. 481-4040. Pastor Curtis Deterding. Sunday 8 a.m. Traditional, 10:45 a.m. Blended, 9:30 a.m. Eductional Hour. www.zionfm.org.

> Read us online at IslandSunNews.com

From page 1

'Ding' Earth Day

friendly and free fun throughout the day: Note: Regular tram tour fees apply

(buy tickets at booth in parking lot).

• 7 a.m. to 7 p.m. Wildlife Drive is open free to bikers and hikers only (\$5 fee per vehicle). Plein-art painters will be creating along Wildlife Drive throughout

• 8 a.m. to 4 p.m. Free bike rentals from Tarpon Bay Explorers' location at 900 Tarpon Bay Road (returns by 6

• 9:30-11 a.m. Biking the Refuge Tour: Join a naturalist on the 4-mile Wildlife Drive/Indigo Trail Loop to learn about the refuge's bird life and ecology. Meet at the flagpole.

• 10 a.m. to 3 p.m. Ongoing earth crafts in the Education Center Classroom featuring Recycling Educator Bagzilla (Education Center Auditorium) Crafts include soda-bottle flower pots, "Cloud Window" frames, "Mother Earth" ornaments, colorful plastic-bottle butterflies or jellyfish, and Plarn (plastic bag yarn) bracelets.

• 10 to 11 a.m. Guided hike along Indigo Trail. Join a refuge naturalist on a guided nature hike along Indigo Trail to the new wildlife education boardwalk. Meet at the flagpole.

• 10 to 11:30 a.m. Narrated refuge tram tour.

• 11 to 11:30 a.m. Reading in the Refuge. Family storytime about sea turtles. (Visitor & Education Center

Auditorium)

• 11:30 a.m. to 1 p.m. Narrated refuge tram tour

Noon to 12:30 p.m. Let's Talk Trash marine debris timeline competition for kids. How long does it take that trash to biodegrade in a marine environment? (Visitor & Education Center Auditorium)

Lunch on your own

• 1 to 1:30 p.m. Reading in the Refuge. Family storytime about manatees. (Visitor & Education Center Auditorium)

• 1 to 2:30 p.m. Narrated refuge tram

• 2 to 3 p.m. Guided hike along Indigo Trail with a refuge naturalist. the new Wildlife Education Boardwalk. Meet at the flagpole.

• 2:30 to 4 p.m. Narrated refuge tram

• 4 to 5:30 p.m. Narrated refuge tram tour

Regular tram tour fees apply (buy tickets at booth in parking lot).

For more information on Earth Day at the Refuge, call 472-1100 ext. 236 or visit www.dingdarlingsociety.org/earth-

Kitten Shower Saturday, April 11

Kitten Shower is being held to collect donations needed to Care for the hundreds of kittens expected to enter the shelter this spring and summer. The shower will feature games, prizes, food and refreshments as well as training on caring for newborn

It will be from 10 a.m. to noon at the Lee County Domestic Animal Services'

Shelter, 5600 Banner Drive, Fort Myers, next to the Lee County Sheriff's Office off Ben C. Pratt/Six Mile Cypress Parkway, Fort Myers.

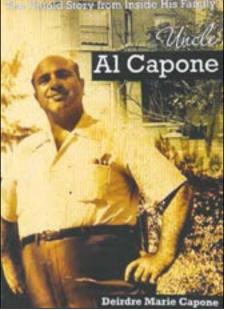
From page 1

Last Capone Family Member

Unfortunately, some of Deirdre's relatives did not exhibit her strength. When Deirdre was only 10 years old, her father Ralph committed suicide, unable to withstand the pressure of the Capone family legacy. Even now, rumors and allegations swirl about the true nature of Al Capone, the Chicago Outfit, and the family members involved.

Today, Deirdre is a wife, mother and grandmother. Her children and grandchildren are aware of her family's past, but this wasn't always the case. Persecuted for her family ties as a child and young adult, Deirdre chose to hide her true family name from everyone but her husband, Bob, for many years. Now, Deirdre publicly acknowledges her identity and seeks to share her story as the last Capone.

The event begins at noon and includes a gourmet salad lunch prepared by Chef Mike Gavala. After lunch, guests enjoy a lecture and a question and answer portion that offer insights on the author and family background, as Capone recounts the inside story of what it is like to grow up in a mob-affiliated family and how it directly impacts everyone in the family, including herself. A book signing opportunity will



Deirdre Marie Capone is the only remaining family member with first-hand knowledge of Uncle Al

also be available. Tickets are \$35 each. The Sidney & Berne Davis Art Center is located at 2301 First Street, in the downtown Fort Myers River District. For tickets or information, visit www.sbdac. com or call 333-1933.

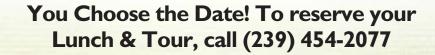


For starters, how about Lunch on us?



You and a guest are invited to a complimentary Lunch & Tour at The Springs.

If you are concerned about a family member or loved one who desires to remain independent but could benefit from some assistance throughout the day, The Springs at Shell Point may just be the perfect option. With beautiful surroundings and Shell Point's proven reputation, The Springs offers an affordable private-pay option on a month-to-month basis.



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The Springs Assisted Living is part of Shell Point's Integrated Healthcare System. Shell Point is a non-profit ministry of The Christian and Missionary Alliance Foundation, Inc
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Tarpon Time Has Started



by Capt. Matt Mitchell

pring fishing is quickly heating up with a wide variety of angling options going on both in the sound and out along the beaches. With another week of warm weather in

the forecast, this will only help to kick it up into a even higher gear. Everything just seems to be starting a few weeks to almost a month early this year because of the warm weather pattern. This not only includes tarpon fishing but also the number of snook we are already seeing in the passes and even out on the beaches in the past few weeks.

Quickly rebounding water temperature and the hot days we have experienced over the last week have the much-awaited tarpon making appearances throughout our area. The majority of the early season tarpon have been caught off the beaches

out in 20 to 25 feet of water. More and more tarpon are slowly showing up as they move in closer and up in the sound. Calm mornings before the afternoon sea breeze has kicked up have been the ideal conditions to locate these gulfside-staging fish. Although these tarpon are not showing that great on the surface yet, if you see one or two roll, watch for a mass to appear on your depth finder as they swim under your boat. Crabs and threadfin herring either free-lined or fished under a float have resulted in multiple hook-ups once these schools were found.

Cut bait tarpon fisherman in the southern sound have been seeing more and more action too with the well-known marker 4 and marker 18 deep holes both having lots of anchored up boats giving it a go. Cut mullet, catfish tails and ladyfish all get theirre fair share of hook-ups in these places. Rocky Channel, Foster's Point and Captiva Rocks in the northern sound have also been less congested areas to let a cut bait soak with a few tarpon pushing through these areas too.

During the morning low incoming tides the bite in the passes has been the best action around with snook and big trout being very plentiful. Just about every trout in and around the passes has been keeper size or much better with a few



Joe Pala from Indiana with a 35-inch snook caught and released while fishing the mouth of the river with Capt. Matt Mitchell

24-inch plus monsters. Most of the snook I'm catching in the passes though are the smaller males with an occasional bigger female hooked up. This is some of the fastest-paced snook action of the year with 30-plus snook mornings being pretty common. Live shiners have been the bait of choice for pass fishing with full live well being almost a guarantee of non-stop bent rods.

Finding a spot in the pass to set up has been the hardest part as this bite is no secret and all our passes have been like parking lots specially over the Easter weekend. After the first few hours of the incoming tide the water gets clear and this bite shuts down until the end of the falling tide when the water dirties up again. Timing is everything on pass fishing for snook.

Later in the day, during the end of the

incoming tide, I've been fishing the wayback creek systems, sight fishing snook. These creeks remain crystal clear and still are holding good numbers of snook. Chumming live shiners has these creeks lighting up on the higher stages of the tide. This close quarter snook fishing is hand-to-hand combat as these fish run from shoreline to tree trying to end the battle.

Once the tide maxes out and starts to fall I have been moving out into the sheltered mangrove bays and targeting trout, jacks and ladyfish. Live shiners drifted back behind the boat drew explosive surface strikes and kept clients smiling with limits of trout coming easily. This has been a good way to finish up a day's fishing with a variety pack of fish.

Are you feeling the annual anticipation

to start tarpon fishing yet? I know I am. My tarpon tackle and gear is all together and ready to rock. By mid-April I begin taking the first few early season tarpon trips. By May, my schedule switches over to what I call "tarpon time" which means earlier starts, different baits, different tackle and big fish.

After guiding clients now full time for 15 years, this time of year always gets me fired up and if it didn't I would be looking for another job.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions email captmattmitchell@aol.com.\$

Send Us Your Fish Tales

The River Weekly would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the River Weekly, 1609 Hendry Street, Suite 15, Fort Myers, Florida 33901, or email to press@riverweekly.com.

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CROW Case Of The Week

River Otter Pups



by Patricia Molloy

somersaulting and wrestling in the water or sliding down a muddy slope on their long bellies, otters certainly know how to have fun. But the playful antics that are so

commonly associated with the North American river otter (Lontra canadensis) also serve an essential purpose – they help strengthen social bonds and allow young otters to hone their hunting skills.

Otters are well-equipped for their semiaquatic lives. Surprisingly fast on land (they can run 15 miles per hour), it's their skills in the water that are most spectacular. When otters dive into the water, they close their ears and nostrils to keep the water out. This allows them to stay submerged for up to eight minutes. While flexing their long bodies up and down, paddling with their short webbed feet and steering with their strong tails, they are able to make sudden, sharp turns while chasing fish underwater. Their thick fur protects them against cold temperatures and their long whiskers help detect prey in dark or cloudy water.

Since last month, CROW has been caring for eight sick otter pups inside the clinic plus one adult outside. Even though

two of the pups have potentially contagious conditions (one has pneumonia and another, ringworm), the youngsters are being kept together because an otter's need for social interaction is essential for learning survival skills. The wildlife veterinarians carefully observe and record any changes in behavior or appetite and address them accordingly.

One of the greatest challenges in wildlife medicine is to avoid "imprinting." Wild birds and mammals are hard-wired to form attachments to their mothers and imprinting occurs when a wild animal emotionally attaches to a human. While the staff at CROW must feed and administer necessary treatments to each patient, they keep interactions to a minimal so that the "wildness" of each animal remains intact during its treatment. CROW spends a great deal of time and money training staff, students and volunteers to perform this delicate balancing act for the sake of its patients.

If you would like to help these adorable otters with their medical bills - they are after all uninsured - go to www. crowclinic.org and make a donation. Or if you own property on which these playful creatures may live, call the clinic at 472-3644 to find out if your land is suitable. CROW (Clinic for the Rehabilitation

of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to PO Box 150, Sanibel, FL 33957. Call 472-3644 or visit: www.crowclinic.org.☆



Each morning, the otters are measured to ensure that they are gaining the appropriate baby weight. The curious pup above peeked out from under the towel covering its eyes.



15600 San Carlos (Beside Big Lots) Fort Myers 239-437-7475

Hours:

Mon-Sat 8am-5:30pm Sun 9am-3pm





Torell's eucalyptus has been widely used as a windbreak tree in Florida, but is now considered invasive and planting it is not recommended

photos by Gerri Reaves surface



Shedding bark reveals a smooth gray-green



The fruit (left) and flowers peak during the warmer months

Torell's Eucalyptus

by Gerri Reaves

orell's eucalyptus (Eucalyptus torelliana) is a very fast-growing native of the Australian rainforests and is notable for its size and distinctive bark. Also known as blood-leaf gum and Cadaga eucalyptus, this evergreen reaches up to 100 feet tall in South Florida, with a straight trunk and a loose-branched broadly columnar shape

The bark is dark and rough at the base of the trunk, but the upper trunk and branches are deciduous, shedding in sheets to reveal an attractive gray-green surface.

The rough, leathery leaves inspire another common name: rough-leaf eucalyptus.

They can be alternate or opposite, have wavy edges and measure about seven to eight inches long. Mature leaves are hairy.

The clusters of creamy white flowers have many stamens.

The rounded, woody fruit appears in clusters, each one containing many reddish brown seeds.

This species has been widely used in Florida as a windbreak tree in agriculture and the citrus industry.

However, both Florida State University's Florida Natural Areas Inventory and the University of Florida's IFAS Assessment of Non-native Plants in Florida's Natural Areas consider it invasive and do not recommend planting it.

Sources: Florida, My Eden by Frederick B. Stresau; floridainvasives.org; fnai.org; lee.ifas.ufl.edu; and ucanr.edu.

Plant Smart explores the diverse flora of South Florida.

Fisherman's Paradise:

The Power Of Faith

by Cynthia A. Williams



Williams)(1915 to 1976) was something of a legend as a fisherman in the waters off Fort Myers in the 1950s and early 1960s. Reproduced for you here are chapters from his

unfinished Fisherman's Paradise, an account of his fishing adventures that are often hilarious and always instructional. It is presented by Williams' daughter. Cynthia Williams, a freelance writer and editor living in Bokeelia on Pine Island.

Chapter VIII Part VII

The Episcopal Mission Church to which Berry belongs is throwing a fish fry as part of a membership drive. Berry has a few hours to catch the fish needed to feed 200 people at the senior warden's house on the river that afternoon. So far, he has 25 reds on ice, but the sun is past the meridian. He's praying, "Those 25 are for you, Lord. Now how about a few for old Berry?

It must have seemed a reasonable request, for two anchorings later, I had four more big reds in the boat. The fish



Berry Williams, center, bringing back the reds. Reverend Saxton Wolfe is pictured left.

were overflowing the ice box and the ice was gone. So were most of my shrimp. I couldn't stay out much longer without ice, for the fish would spoil in the hot sun. I glanced at my watch and was startled to find that it was almost 3 p.m.! I'd really have to set sail if I ever expected to make the senior warden's house by 4 p.m.

I tidied the boat, put away my rod and gear, hoisted anchor, neatly coiled the line, and roared off toward Punta Rassa. Made it back in a record 27 minutes flat. Pitching the fish up on the dock, I yelled to the Copleys that I needed something to put the fish in. They quickly rustled up two large wooden boxes. We stacked the 29 beautiful reds in them and shoved the boxes in the back of my station wagon. No time to go home and shower and

change. Forty minutes later, I roared into the senior warden's driveway reeking of fish slime and shrimp.

The fish-frying committee was on me quicker than a tomcat, followed by 30 or 40 vestrymen and church members who trooped out to see, and stood bug-eyed when I opened the back of the station wagon. A couple of wiseacres vowed I'd bought the fish, but backed down when they saw that suggestion didn't set too well with me. When the senior warden made his way through the crowd and saw the stacks of glistening reds, his jaw dropped. "Well I'll be teetotally damned. How in God's name did you do it?

I just gave 'em a wink and a sly smile. 'Oh ye of little faith.'

To be continued next week...☆

Sail And Power Squadron Course

re you ready for hurricane season? The San Carlos Bay Sail and Power Squadron, a unit of the United States Power Squadron that serves South Fort Myers, Fort Myers Beach, Bonita Springs and Estero, will help you get ready. The Squadron will be offering an informative seminar, Hurricane Preparation For Boaters -Protect Your Boat From The Next Big One: Storms, Floods and Wind, on Saturday, April 25 from 8:45 to 11

Hurricanes bring extreme weather conditions that can damage or destroy your boat. This seminar will teach you ways to protect your boat from the ravages of wind, waves, torrential rain, tidal surges and high water. It will focus on developing a plan to protect your boat from the onslaught of a hurricane.

This seminar will teach you how to:

- Evaluate the storm protection provided by your marina or storage area
- Determine if, when and how you should move your boat before a hur-
- Take the steps needed before a hurricane approaches to secure your boat for hurricane conditions

Cost of the course is \$10 for non members or \$5 for members. The course is being taught at the San Carlos Bay Sail & Power Squadron Classroom, 16048 San Carlos Blvd Fort Myers.

Register online at www.scbps.com or call the office at 466-4040.☼



A rare skunk ape sighting at the JN "Ding" Darling National Wildlife Refuge was witnessed by dozens of people on the morning of April 1 near the observation tower on Wildlife Drive photos by Jeff Lysiak

Skunk Ape Surprises Visitors At 'Ding' Darling

by Jeff Lysiak

crowd of stunned - and slightly amused - bystanders visiting the JN "Ding" Darling National Wildlife Refuge last week were treated to a very rare sighting of an elusive wildlife species on Sanibel: the legendary skunk ape

Dozens of refuge visitors peered through binoculars and high-powered telephoto lenses, while others snapped pictures and took videos of the seldom-seen creature, also known as Florida's Yeti or the Sasquatch of Sanibel.

Around 10:30 a.m. on April 1, the skunk ape was seen strolling amongst the mangroves across from the observation tower

near mile marker 2.

There it is! Can you see it?" supervisory refuge ranger Toni Westland asked a small group of people who were taking the Tarpon Bay Explorers tram tour on the morning of April 1. She added that the skunk ape has been known to eat mullet, who were leaping in and out of the water nearby.

One witness, 7-year-old Mackenzie Rau from Arlington, Virginia, was excited to see the creature at a safe distance, but soon became skeptical. "If you guys are fooling me, I'm gonna hurt you!" she said with a smile.

"We see it here every year on April 1st," noted islander Charles Sobczak. "And I know its mating call - Dinner at Traders! Dinner at Traders!'



A photographer uses a telephoto lens to capture pictures of the skunk ape



Molly "Skunk Ape" Heuer with Toni Westland



The creature (circled) was spotted walking along the mangroves across from mile marker two

According to Westland, the refuge had seen a number of unusual critters earlier in the day, including a panther, moose, elephant and a flock of flamingos, with images of the sightings posted to "Ding' Darling's Facebook page and Discover Ding mobile app.

The playful ruse is an April Fool's Day tradition at the refuge, and was carried out this year with the help of Molly Heuer portraying the Bigfootesque urban legend.



Supervisory refuge ranger Toni Westland points out the skunk ape to visitor Mackenzie Rau



Community Foundation Hosts Art Reception



Sue Dunham, James Blanchard, Curt **Dunham and Cherie Blanchard**

he Southwest Florida Community Foundation hosted more than 60 people at its spring art reception on Thursday, March 26.

The spring exhibit included more than 75 art pieces of varied mediums such as watercolor, photography, digital, stained glass and acrylic by Steve Conley, Barbara Chloe Murdoch, Portia Wright, Lisa Peterson and more artists from the Art League of Fort Myers.

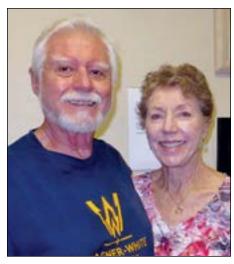
A piece by Anne Liebermann was sold, and the artist gave 35 percent of the price to the foundation's fund for the



Penny Fox, Portia Wright and Emily Samuelson



Tracy Cullimore and Steve Conley



Chip and Joanna Olsen



Carol Warren and Sue Dunham



Andrea Hetherington and Ewan Hetherington-Rugg



Carl Kerstann

Inspirations Art Show In LaBelle



2014 first place winner Connie Killebrew, with judge David Meo, and Arts of the Inland president LaVon Koenig

the Arts of the Inland (AOI) Member-Only Inspirations Art Show will open on Sunday, April 12 from 11 a.m. to 4 p.m. at the AOI Barron Park House Gallery, 471 Lee Street, LaBelle. The show continues through April 30 with gallery hours Thursdays and Fridays from noon to 6 p.m. and Saturdays and Sundays from 11 a.m. to 4 p.m.

Many local artists, photographers and sculptors will be vying for top awards in twodimensional and three-dimensional categories.

Internationally known artist Marcus Jansen will be judging the show. His most recent international prize was being selected finalist for the Fleurieu Art Prize 2013 Biennale, Australia, noted as the highest valued landscape painting prize anywhere in the world by Nigel Hurst, director and chief executive, Saatchi Gallery London. His upcoming solo Museum exhibitions will be held in Italy, China and the United States.

The publiduring open Gallery hours. A public reception will be held on Friday, April 17 from 5:30 to 7:30 p.m.

The AOI Barron Park House Gallery will continue to exhibit and sell local member art, jewelry, crafts and books after the Inspirations Art Show ends. Open hours for the gallery/gift shop are Thursdays and Fridays from noon to 6 p.m. and Saturdays and Sundays from 11 a.m. to 4 p.m.

Arts of the Inland is a 501(c)3, nonprofit public charity umbrella arts organization supporting the Visual, Literary and Performing Artists in the inland communities of south Florida. For further information, send an email to artsinland@gmail.com or call 303-5849.☆

The Big Bad Wolf In Rock Musical

Norida Repertory Theatre's Lunchbox Series returns to the Alliance for the Arts on Saturday, April 11 at 11 a.m. with The True Story of the Three Little Pigs.

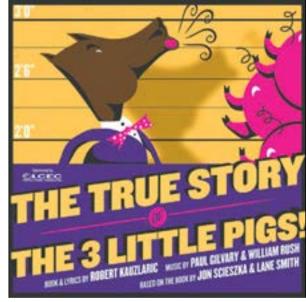
'They made me the Big Bad Wolf. That's it. The real story. I was framed. There are two sides to every story even The Three Little Pigs.

Based on the beloved children's book, this dynamite rock musical goes inside the trial of the century as Alexander T. Wolf answers for his crimes against HAManity. Audiences of all ages will huff and puff with laughter as they help to decide the fate of the alleged Big Bad Wolf.

The show is recommend-

ed for grades four to eight. The \$12 admission price includes the performance, lunch and an interactive post-show workshop with the actors and producers. Reservations are required to guarantee your lunch order. Tickets are available at www.floridarepeducation.org or through the Florida Rep box office at 332-4488.

The Alliance for the Arts is located at 10091 McGregor Boulevard just south of Colonial Boulevard in Fort Myers.☼



THE ESTUARY

Have You Seen Shell Point's Newest Neighborhood?

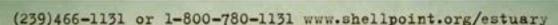
Refundable Lifecare From the upper \$600s

ntering The Estuary at Shell Point is like taking a step back into Florida's past. Winding streets are dotted with homes depicting the vintage style of Old-Florida architecture with metal roofs, clapboard siding, dormers and cupolas, and welcoming front porches. Featuring single-family and twin-villa homes nestled in the heart of an ecological oasis, residents will enjoy the plethora of migratory birds as well as year-round species set against the majestic fairways of Shell Point Golf Club's championship 18-hole course. This neighborhood also provides convenient access to all of the resort-style amenities Shell Point has to offer. And, as a continuing care retirement community, residents have the assurance of Lifecare with refundable contracts. For those searching for a touch of Southwest Florida's enduring past — while enjoying its current comforts and conveniences - The Estuary at Shell Point is the perfect choice!

Call to schedule a tour and experience the spectacular homes, resort-style amenities, and so much more at The Estuary!

SHELL POINT

Lifestyle With Lifecare



Shell Point Retirement Community • 15101 Shell Point Boulevard • Fort Myers, Florida 33908 Shell Point is located just off Summerlin Road in Fort Myers, 2 miles before the Sanibel Causeway.

Shell Plant is a non-post mustry of the Christian and Massimary Alliance Foundation, Inc. 60005 Shell Point, All rights reserved. EST-095-15

Powerful Performances At Theatre Conspiracy



by Di Saggau

ane The Plain by August Schulenburg is now showing at Theatre Conspiracy and it is a thoughtprovoking play that makes one ponder the characters for a long time.

The setting is Plainview High School in 2011 and the scenes move quickly through various locations while the scenic elements remain the same. I was quite impressed with the set and the lighting for this play. It was the winner of the Full Length Play Category for The Chameleon Theatre Circle's 13th annual New Play Festival along with other awards.

Jane The Plain stereotypes each of the six high school students, all played by members of the Florida Southwestern State College Theatre Department.

You will meet Jane the Plain (Paige Dawkins), Scotty the Hotty (Daniel King), Betty the Pretty (Linnette Camejo), Leeson the Decent (Marcel Ulysse) Leonard the Awkward (Jacob Beal) and



Paige Dawkins as Jane the Plain in a scene from the play

Lexi the Sexy (Madison Grant.) The racially diverse cast delivers strong performances as they swirl through a sprawling story of football, dances, sexting, jealousy and mystical encounters that affect each character. The story is basically about how beauty and the perception of beauty mark people's whole lives. The characters are recognizable because most of us have encountered them at one time or another in our lifetime. Let's face it, once a kid is defined in high school, that's usually the role they're stuck with until they graduate.

At Plainview High it's the football players and cheerleaders who rule. Sexting

and manipulating video were not around in my high school days. Unfortunately, they do exist today and can cause a great deal of damage. All six characters are on stage for most of the play. Often they narrate what is happening within a scene. At times there is age-appropriate rough language. There is a lot of energy, razorsharp dialogue and a touch of hopefulness from the characters.

King, as Scotty, is terribly funny when he realizes there might be more to life than football. He tries to make profound speeches but ends up on a rambling tangent. In between the laughs there are also moments of teen heartbreak.

At the close of the play we get a pretty good feeling for what it's all about. And yet, everything is in the eye of the beholder. Your view may differ from mine, and that's OK. I find myself still thinking about what takes place on stage and what the characters represent. If you like theater that goes beyond the norm, this one is for you.

The play runs around 90 minutes with no intermission and is directed by the amazing Bill Taylor.

Jane the Plain runs through April 11 at Theatre Conspiracy, located in the Alliance for the Arts, in Fort Myers, 10091 McGregor Boulevard. For tickets go to www.theatreconspiracy.org or call 936-3239.🌣

From page 9

Fort Myers Fare

Waterside Bar, the place where everyone gets prettier, and happy hour is all day, every day.

Parking for your car or boat for free for patrons. The GPS coordinates are 26"27'23.41" N • 81"57'15.18" W.

1131 First Street, Fort Myers Beach at the Fort Myers Historic Seaport at Nervous Nellie's Marina. Call 463-8077.

SS HOOKERS

Get hooked on great cuisine and spirits at SS Hookers. The restaurant pays tribute to the rich history of Punta Rassa, the home of big game fishing. It serves American cuisine with a Cajun twist. Waterfront dining is available daily for breakfast, lunch and dinner.

After a triumphant day of fishing, bring your catch to the restaurant: "If you hook it, our chef will cook it.'

A late night bar features live music nightly. A fresh seafood market, bait shop and gifts are also on site.

17501 Harbour Pointe Drive, Fort Myers. Call 466-4377.

SUNSHINE GRILLE

Formerly known as the Sunshine Seafood Cafe and Lounge, Sunshine Grille serves all of your favorite dishes for lunch and dinner. In addition to its previous menu, the restaurant is also serving gourmet flat breads prepared in a wood fire stove with fresh oak. Wood-fired steaks fill out the menu, including a ribeye and a porterhouse, to go along with our famous wood fired filet mignon.

Happy hour and live music are featured daily.

8700 Gladiolus Drive, Fort Myers. Call 489-2233.☆

Book Review

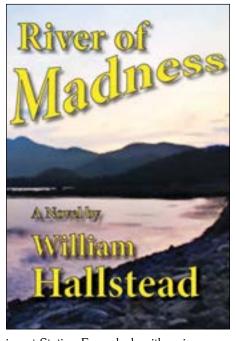
River Of Madness

by Di Saggau

anibel author William Hallstead has another book out that you will want to read. River of Madness takes the reader into the Amazon to a research station that stands on a 20-foot-high embankment overlooking the Amazon's Trombetas River. The protagonist in the book is Emmett Durkin, chief of Research Station Four. He accepted a science posting to South America thinking he and his new wife, Felicia, would enjoy a two-year period of "unhurried scientific study" cataloging marine specimens for the Philadelphabased Rebner Foundation. He resigned from his job at Mote Marine in Sarasota, where he was studying red tide. The salary he was offered to run Station Four was too enticing to turn down.

For the first few months, everything goes as he expected until Theodore Rebner, a screw-up nephew of the foundation's chairman, shows up rather unexpectedly. Rebner is a ne'er-do-well who majored in hotel management at Cornell. Not exactly the requirements needed to work at Station Four. Emmett and Rebner clash from the beginning and their relationship escalates to life-threatening situations - and also threatens his marriage.

Hallstead pens a well-written and well-researched novel. His attention to detail is impressive. Durkin, while work-



ing at Station Four, deals with poisonous amphibians and other species such as sphaeroides annalatus, known as west-coast Gulf puffer fish. There's an Amazon variety of the freshwater stingray called potamotrygon motoro, among the most dangerous of the species. Then there are the bright yellow frogs called phyllobates terribilis, beauties whose neurotoxin is extremely fatal. The indians use the secretion of these frogs for blowgun dart poison. Also in his care is urinophilus erythrurus, a tiny member of the catfish

family, one of the most fascinating of all dangerous marine animals. Durkin sends information and biological materials to the foundation in Philadelphia. He questions just what exactly the foundation does with them.

The two women in the book, Felicia and housekeeper Agata, are interesting characters. There is also a mysterious man of the cloth who washes ashore one day during a storm. He is a dangerous impostor who adds more intrigue to the plot. Hallstead makes sure we understand each character in the book as he takes us through a contentious period of conflict between Durkin and Rebner that soon spills over into the lives of the others at Station Four.

River of Madness is a well-crafted novel of intrigue, action, passions and more. I found it hard to put down. In fact, I read it in one day and enjoyed every minute. It's available at local bookstores and online. I recommend you check it out.☆

Grant Workshop

he City of Fort Myers Special Events Advisory Board will conduct a mandatory workshop on

Wednesday, April 22, in the Council Chambers of Oscar M. Corbin, Jr. City Hall, 2200 2nd Street, Fort Myers.

In order to be considered for FY2015-16 Special Event Grant funding, all applicants are required to attend the workshop. Sign in will begin at 5 p.m. and the workshop will start at 5:30 p.m. 菜

Financial Focus

Protect Seniors From Financial Abuse



by Jennifer Basey

Tt's unfortunate but true: The elderly population is targeted for financial abuse or exploitation. In fact, by some estimates, this type of targeted abuse results in billions of dollars in losses

each year. If you have elderly parents, what signs should you watch for to determine their vulnerability? And what can you do to help protect your parents from being victimized?

In regard to the first question – signs of vulnerability – the most important thing to watch for is your parents' mental state. As you know, many people go through their entire lives with their faculties intact – but even if this is the case with your parents, you still may want to be on guard against them falling prey to unscrupulous operators. And if you have noticed your parents becoming forgetful, confused, overly agitated or showing any other signs of possibly diminished mental capacity, you may want to be particularly vigilant for the appearance of financial irregularities.

If you don't think your parents are, as yet, victims of fraud or abuse, you can take steps to help protect them. Most importantly, maintain constant communication with them and be aware of what's going on in their lives.

Also, consider the following actions: Advise parents on precautionary measures. Suggest to your parents that they take several common-sense steps to avoid financial scams. For example, urge them to never give personal information over the phone or in response to emails. Since these types of requests are the most common methods used to perpetrate scams, encourage your parents to put all such solicitations - as well as requests for money – in the "trash' folder. Also, ask your parents to remove paper mail promptly from their mailbox - resourceful identity thieves have been known to steal mail and extract key pieces of personal information from financial statements or correspondence from Social Security. And if your parents don't already have a paper shredder, present one to them as a gift – and show them how to use it to delete old statements, credit card offers and similar documents.

 Check for legal documents. Your parents, like everyone, should have a will and a durable power of attorney. These documents will enable someone they trust implicitly to handle their finances if they

can't. Discussing these types of issues with your parents may not be easy - but it's certainly important.

• Review parents' situation regularly. Many parents are not comfortable sharing the specifics of their financial situation with their adult children. Yet, as much as you can, try to periodically review your parents' insurance, banking and investment statements. These meetings give you good opportunities to look for irregularities or suspicious activities, such as significant changes in their spending patterns, unusual cash withdrawals or transfers from their bank accounts, or sudden transfers of assets to a relative or someone outside the family.

• Know the professionals. Your parents may not be totally at ease involving you with their financial and tax advisors. However, using your discretion, see if you can accompany your parents when they meet with their advisors. If these people are legitimate professionals, they will not object to your interest in your parents' affairs - in fact, they should welcome it.

Your parents have done a lot for you. You can help repay them by doing your part to help protect them from threats to their financial security.

Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com.☆



AppleJuice iPhone Tips For iOS 8



by Carol Rooksby Weidlich, President, **SWACKS**

elp to Control Your iPhone Cellular Usage: On your iPhone, open "Settings" > "Cellular" and scroll down to "Use

Cellular Data For." Here you'll find a list of Apps that use your Cellular Data. The list is sorted alphabetically and not by cellular data consumption. Use the "Green Slider" to disable certain apps from using cellular data at all. At the very bottom of the screen, you can tap on "System Services" to see how much cellular data is used by system components that you can't prevent from using the cellular connection, like DNS services, Time and Location, Siri, mapping, networking, and such. At the bottom of the "Cellular" screen you can "Reset Statistics" at the end of your monthly

Background App Refresh: What about my apps that keep updating their information in the background, like maps? Open "Setting" > "General" >"Background App Refresh" and tap the arrow. This shows you the apps on your device that automatically refresh their content using WiFi or Cellular, and Location Services. Turning off apps will help to

preserve your iPhone's battery life. **Closing Apps:** When using your iPhone (iPad or iPod Touch) your apps stay open until they are physically closed. To close an app double tap your "Home" button. This gives you a small screen display of apps that are still open and running in the background using your battery. You can swipe from side to side to see the open apps. To close an app swipe the app image up towards the top of the screen. This closes the app. You may close multiple apps at the same time by swiping two at a time and even three at a time.

If you are using an older operating system, double tap your "Home" button. Your dock will be grayed out and a new row of icons will appear at the bottom of vour screen. To close the app, press and hold the icon until the icons wiggle and a red circle with a white minus sign appears on each icon. Just tap the minus sign and the apps will close.

Workshops are held the second Tuesday of each month from 1 to 3 p.m., and meetings on the fourth Tuesday of each month from 7 to 9 p.m. (with the exception of July and August) at Zion Lutheran Church, 7401 Winkler Road in Fort Myers.

For more information on the South West Florida Apple Computer Knowledge Society (SWACKS), visit www.swacks.org.☆



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Roster Stocked With Returnees As Miracle Defends Championship

by Ed Frank

The Fort Myers Miracle, with a roster stocked with veterans from last year's Florida State League champions, begins defense of that title this weekend as the 140-game, 2015 season gets underway at the remodeled Hammond Stadium in the newly-renamed CenturyLink Sports Complex.

The home opener is tonight, Friday, against the Charlotte Stone Crabs at 7:05 p.m. followed by a fireworks show. Free tickets are available at all local Wendy's restaurants and Metro PCS locations. Charlotte also will provide the opposition Saturday, for the 6:05 p.m. start.

The Miracle, the High Class-A farm team of the Minnesota Twins, won its first league championship last year under Manager

Doug Mientkiewicz, who has since been promoted by the Twins to manage their Double-A Chattanooga Lookouts of the Southern League.

Returning to manage the Miracle this season is Jeff Smith, a resident of Naples, who managed the Miracle in 2008 and 2009. He managed the Twins former Double-A team, New Britain, for the last five years.

This is the 24th season that the Miracle has called Hammond Stadium home. The 25-man opening-day roster lists 24 players who played all or part of last season on the Fort Myers championship team. There obviously will be shuffling of players throughout the season due to injuries, promotions and demotions. But that's what developmental minor league baseball is all about.

The 14-man pitching staff includes left-hander Brett Lee who had a 10-5 record in 19 starts a year ago and was named to the Florida State League All-Star Team.

Also certain to spark interest is the assignment of two promising pitchers to the Miracle roster. Kohl Robert Stewart is the Twins 2013 first-round draft choice (4th overall) who compiled a 2.36 ERA last season at Low-A Cedar Rapids. And Aaron Slegers, at 6-foot, 10-inches, is the tallest player in the Twins system. He pitched briefly for the Miracle in 2014 after going 7-7 at Cedar Rapids earlier in the year.

The catching corps includes Stuart Turner who hit .249 in 93 games with the 2014

Miracle and participated with the Major League Twins in this year's Spring Training. Other familiar names to Miracle fans that will start the season here include firstbaseman Dalton Hicks, second-baseman Aderlin Meja and third-baseman Niko

Outfielders returning for the start of the season are Adam Brett Walker and Travis Harrison. Walker hit .246 in 132 games for the 2014 Miracle was a FSL All-Star. Harrison batted .268 in 129 games scoring 80 runs, tops for the team and second highest in the league.

Following this weekend's home openers, the Miracle will return to Hammond Stadium next week for a five-game home stand. Tampa will be here Wednesday and Thursday nights and St. Lucie Friday through next Sunday's matinee.

Santana Suspension Crushing Blow to Twins

Struggling to recover from four consecutive years of 90-plus losses, the Minnesota Twins in the off-season signed veteran pitcher Ervin Santana to their largest pitching

contract in team history, a four-year \$55 million package.

And then, just as the Twins departed here last weekend after a successful Spring Training, Major League Baseball leveled Santana with an 80-game suspension for test-

ing positive for performance enhancing drugs.

The half-season suspension will cost Santana nearly \$7 million in salary, and could prove devastating to the Twins' hope to escape last place in the tough American League Central Division, where several baseball experts had predicted their likely 2015 finish – even before the Santana suspension.

Major League Baseball announced that Santana had tested positive for Stanozolol,

a performance-enhancing substance.

A durable pitcher who is among the top Major League hurlers in innings pitched, Santana was signed by the Twins after going 14-10 last year with Atlanta where he recorded 196 innings with a 3.95 ERA.

Santana said he will not appeal the suspension, but said taking the PEDs was inad-

His first Spring Training with the Twins proved excellent, winning three games with an ERA under two.

"It (the suspension) is disappointing and difficult. We just have to regroup," said Twins General Manager Terry Ryan when learning of the penalty.

Spring Training Attendance Up

More than 250,000 baseball fans flocked to Spring Training games here this year, an increase from 2014.

In the third year at JetBlue Park, the Boston Red Sox drew 148,862, selling out all 16 home games. The attendance was a slight increase from 147,669 a year ago.

The Minnesota Twins attracted 118,579, up from 107,806 in 2014 despite two rainouts.☆

2nd Annual Champions 4 Children

hampions 4 Children announced their 2nd annual event weekend that will feature Concert 4 Kids and Miami Nights fundraiser to benefit Hope Kids Care and the local chapter of Blessings in a Backpack. The "Champions" are comprised of current and former coaches, National Football League (NFL), Professional Golfers' Association (PGA), National Basketball Association (NBA), Major League Baseball (MLB) players and Olympians who have come together to support the children of Southwest Florida. The Champions 4 Children events are all volunteer run and 100 percent of the proceeds go to the two charities.

The Concert 4 Kids event will take place on Friday, April 17 from 5:30 to 11 p.m. at Six Bends Harley-Davidson. The show will feature The Good Bad Kids, Sarah Copley and Live Wire (the official AC/DC tribute band) as the headliner. Local vendors will be on hand serving food and beverages. Tickets are \$30 each.

The Miami Nights themed fundraiser will take place on Saturday, April 18 from 7:30 to 11 p.m. also at Six Bends Harley-Davidson. Attendees will enjoy live music, dancing, live and silent auctions and a few surprises while mingling with sponsors and celebrity "Champions." Fundraiser tickets are \$200 each. Note: tickets will not be available for purchase

at the door and only 100 are available.

Tickets for the Concert 4 Kids and Miami Nights can be purchased online at Champions4ChildrenSWFL.com. For more information, contact Meghan Shanfelter at 630-432-0124 or champions4childrenswfl@gmail.com.

FGCU Projects On Display

Norida Gulf Coast University's ◆(FGCU) Office of Service-Learning and Civic Engagement presents its 5th annual Community Engagement Day on Friday, April 10 to showcase the "best of the best" community-based service projects completed by FGCU students over the past year.

From 10 a.m. to 2 p.m. at Alico Arena, students will display their collaborative and creative projects in a poster presentation format and share with attendees and judges the objectives and the outcomes of their projects, as well as reflect on what they learned from the experience. More than 300 students will present their work with over 60 nonprofit and governmental community partners.

The event will kick off with a welcome address by Provost and Vice President for Academic Affairs Ron Toll. Andres Machado, a 2014 FGCU graduate, will follow with a presentation highlighting the benefits of service-learning and civic engagement. The event will culminate with an awards ceremony led by FGCU President Wilson G. Bradshaw.

For more information, contact Jessica Rhea at 590-7016, or Lisa Paige at 590-

Relay 5K Run

he inaugural Relay For Life of Fort Myers 5K Run has been scheduled for April 18 starting at 6 p.m. at scenic Lakes Regional Park in Fort Myers.

Sponsored by Suncoast Credit Union to benefit the American Cancer Society, this new event will take place during the Fort Myers Relay For Life annual fundraiser. There is no admission fee for the overall event, but there is a \$28 entry fee to participate in the 5K.

Relay is a family-friendly event, beginning at noon with opening ceremonies and ending with the closing ceremonies and final lap at midnight. This year's Relay theme is Disney, so come out and show your Disney spirit to the runners and all of the various vendors who will be offering food and other activities to help raise money to fight cancer.

The great thing about Relay is that, except for a small amount set aside to fund national research, all of the funds raised in Lee County stay in the county to support local American Cancer society programs that serve and benefit those currently battling this dread disease, their caregivers and survivors.

Registration fee includes a performance T-shirt if registered by April 10. Those registering after that date will not receive a T-shirt.

Registration opens at 3:30 p.m. on Relay day. Be sure to arrive early to avoid the lines and enjoy the Relay For Life.

For additional information, contact Heather Korchma via email at fmrelayforlife@gmail.com or call 936-1113.☆

Pay No Citation Surcharges

ee County Clerk of Courts is participating in a one-time only, statewide event on Saturday, April 18, called Operation Green Light!

The clerk of courts will accept full payment for delinquent Lee County traffic tickets, court fines and fees without charging the collection surcharge.

'We know there are thousands of people with overdue Lee County traffic tickets. As a result, many are driving with suspended licenses," said Clerk Linda Doggett. "Operation Green Light is a chance for people to pay their fine without paying the 25 percent collections surcharge, and the opportunity to restore their driving privileges. By opening on a Saturday, we're making it convenient for those who need it.'

An example: on a \$282.50 ticket for going 10 to 14 mph over the speed limit, that's a savings of \$56.50. Late fees will not be waived,

Payment on non-delinquent citations will also be accepted on April 18.

Only full payments, made in-person, are eligible for the collection surcharge waiver. Payment by telephone will not be available and online payments are not eligible to receive the discount.

Hours are 9 a.m. to 4 p.m. at the Lee County Justice Center, 2075 Dr. Martin Luther King Jr. Boulevard, Fort Myers.

For further information visit www.leeclerk.org or email Info_ OperationGreenLight@LeeClerk.org.\$

School Smart



by Shelley M. Greggs, NCSP

Shelley, My son plays video games in his classroom. I am very upset about this. His teacher has assured me that they are educational, but I am

doubtful. What possible good can come by playing video games in school? Frank P., Fort Myers

Frank,

I can understand your concern about video games in the classroom. For those of us who are not digital natives (including me) it is difficult to understand how video game activities may contribute to a student's educational growth. An article recently published in *THE Journal* online discussed this very topic with an expert in this field. Sandra Schamroth Abrams is a thought leader in the area of video gaming in schools, an assistant professor of adolescent education at St. John's University in New York and the author of the recently published A Layered Literacies Approach to Multimodal Meaning Making and she outlined some answers to this important question.

Abrams reported that there are layers of learning with videogames that include academic, emotional and social benefits. She said that it is crucial to understand the learning process in gaming, which is that "learning takes place through a feedback loop, and then must be incorporated into the classroom".

According to Abrams, gaming may create a framework for academic material, including learning new words and historical information. She often sees students want to learn more about a particular topic if it's included in a game. She used the example of one student whose game had included the Normandy Invasion. This student became intrigued, wanted to learn about the Normandy Invasion, so he began to study independently about it and developed an expertise on this subject.

Application of previously learned information is a frequent part of gaming.

Abrams reported that very often students use information they have already learned like mythology, specific battles from various wars, and foreign languages to help them advance in a game. The application of knowledge helps to reinforce the information at a more concrete level and may encourage higher level thinking as well on the topic.

Abrams stated that gaming also involves iterative learning which "relies on experimentation and learning how to advance by making mistakes. Educational theory describes this as a process of learning that provides multiple opportunities for the learner to revisit ideas and reflect on them. The student who plays the game more than once is essentially applying the newfound knowledge from the previously played game to advance in future games. It's a type of practice makes perfect style of learning that certainly is valid.

Playing video games is a highly social activity. Students playing these games typically tell one another when to make specific moves and provide specific information to assist with game play. Through this give and take of play, students learn both the values of competition and col-

Further socialization occurs when students who would typically not interact with each other now interact through game play. It allows students to extend some social boundaries that have previously been closed. It's another avenue for students to develop friendships.

I think another discussion with your son's teacher might help in understanding how s/he uses video games in the classroom. You might ask how the games relate to the academic content, how much time for gaming is scheduled per day and how the teacher measures student growth from gaming. Used wisely, it seems video games have a viable role in the classroom.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail. com. Not all questions submitted can be addressed through this publication.

FGCU Physical Plant Endowed Scholarship Continues To Grow

hysical Plant recently received a generous sixth gift from B & I Contractors, Inc. in support of the Physical Plant Endowed Scholarship Fund. The scholarship fund financially assists qualified students enrolled in environmental studies, civil engineering or environmental engineering.

B & I Contractors President Gary Griffin and Vice President Jason Grabowski contributed \$5,000 toward the endowment demonstrating a commitment to FGCU students and Physical Plant for a total of \$30,000 to fund the endowment. B & I Contractors has served the university by providing mechanical and plumbing services on campus for more than a decade.

Florida Service Painting, ATP Engineering, SimplexGrinnell, USSI and Office Furniture & Design also donated generously this year allowing four students to receive scholarship awards for the current academic year.

PlugSmart Inc. owners Rich and Jennifer Housh recently donated \$10,000 to bring the Physical Plant Endowed Scholarship to more than \$120,000 in contributions since

Jim Hehl, director of Physical Plant, is grateful to B & I Contractors and other community members for their contribution toward FGCU student success.

This is something we started in Physical Plant, which makes us very proud. Perhaps other donors will see our employees' generosity and be a part of this collaborative effort to enhance the student growth in engineering and environmental majors and continue to provide opportunities for future FGCU students," Hehl said.

The Physical Plant department at FGCU provides campus operations and maintenance. The department staff is actively involved with students, employing more than 130 student workers since 1997, including 80 work-study and 16 international stu-

For more information, contact Director of Planned Giving Bill Rice at 590-1077.

Share your community news with us. Call 415-7732, Fax: 415-7702 or email press@riverweekly.com

VISION SOURCE

DOCTORS EYECARE CENTERS Robert G. LeSage, OD Timothy E. Underhill, OD



LOOK FOR US AT OUR NEW LARGER LOCATION conveniently located near Publix in South Pointe Commons at College Pkwy.

> New Address 5995 South Pointe Blvd, #111 Fort Myers, FL 33919 239-482-0355 • 239-332-1555

High Schools' Yard Sale For Needy

he Mariner High School Triton Treasures Club and the 3H Exchange Club at Ida Baker High are teaming up to hold a yard sale on Saturday, April 11 from 8 a.m. to 2 p.m. at the Mariner High School teacher parking lot located at 701 Chiquita Boulevard in Cape Coral.

Proceeds from the sale will go to students listed as homeless in our community. Individuals are welcome to donate items to the sale. For information on donating items, contact Bridget Zalesak at bridgetcz@leeschools.net or call 772-3324.

The goal for the fundraiser is to provide homeless students and their families goods or opportunities that they could not supply to themselves. The program is called High Schools Helping the Homeless.

To advertise in *The River Weekly News* Call 415-7732

Marketing Firm Teams Up With Habitat For Humanity



PTE building crew

ushing the Envelope marketing company has a new initiative called Push-It-Forward. As part of the initiative, Build Up, a Habitat for Humanity campaign, kicked off April 1 to raise awareness and support for Habitat for Humanity of Lee and Hendry counties, specifically helping one family.

Pushing the Envelope (PTE) is asking the community to get involved by donating time, materials or money. Each homeowner who receives a Habitat home is required to invest \$1,700 for closing costs, and PTE's goal is to match those funds. Throughout the month of April, PTE will be collecting monetary donations as well as hosting a tool drive. On April 25, the PTE team and volunteers will be rolling up their sleeves to build a Habitat home in Lee County.

How to get involved:

- Monetary Donations: Visit GetPushing.com/Push-It-Forward to make a donation. No donation is too big or too small.
- Become a Build Up Sponsor: Participants can fund appliances and materials for the home. Packages range from \$250 to \$5,250.
- Donate Hand Tools: Habitat is always in need of new or gently used tools to help with current and future construction projects. Donations can be dropped off at the PTE office, 9111 W. College Pointe Drive, Suite 110 in Fort Myers.
- Join the Team: Register to participate in the Push-It-Forward team build on Saturday, April 25 from 7:45 a.m. to 2:30 p.m.

"Build Up is an extension of our Push-It-Forward program to give back to our community," said Samantha Scott, APR, president. "We're thrilled to expand our program and have the opportunity to work with Habitat for Humanity to help a family in need."

PTE would like to thank its Build Up campaign partners: Hood Designs and Rapid Print of Southwest Florida. For more information, visit GetPushing.com/Push-It-Forward or call 221-2858.☼

Fundraiser For Special Equestrians Nets Over \$150,000

pecial Equestrians' annual culinary extravaganza, Taste of Love, was a huge success. More than 450 people attended the event held at Wayne Wiles Floor Coverings on Sunday, March 8, raising over \$150,000 for the therapeutic horseback riding program. The event's success is contributable to the 25-plus sponsors, restaurant participants, in-kind donors and long-time supporters of Special

All proceeds from the annual Taste of Love fundraiser will directly benefit Special Equestrians, a nonprofit organization dedicated to helping children and adults with disabilities by providing a structured therapeutic horseback riding program and equine assisted activities. The Special Equestrians therapeutic riding program has been awarded Premier Accredited Center status by the Professional Association of Therapeutic Horsemanship. Serving Lee, Charlotte, Hendry and Glades counties, Special Equestrians is a United Way Partner Agency that has been serving Southwest Florida for over 27 years. For more information about Special Equestrians, visit www. specialequestrians.net.\\\

Doctor and Dietitian

Is Your Golf Swing Hurting You?





by Ross Hauser, MD and Marion Hauser, MS, RD

olf is a popular, year-round sport in Florida. Golfing, however, puts significant stress on the body. With age, joints are less flexible and more susceptible to injury, especially for those who are not used to regularly working out. Correct biomechanics in the golf swing are essential for prevent-

The golfer must properly engage the large core muscles in coordination with the smaller muscles during the swing to minimize injury.

Tips for common inefficient biomechanics:

 Back injuries can occur when finishing the downswing and follow-through

with a typical Reverse "C" position. Correct this with more hip rotation, better weight transfer and less slide.

• Pulling the left arm on the downswing has led to ligamentous injuries and rotator cuff injuries. Keeping the left elbow close to the chest (holding a handkerchief in the right armpit) is a simple way to keep the large muscles connected to the arm muscles in the downswing.

 Left elbow injuries result when the golfer overzealously uses the left arm without rotating the body towards the direction of the intended shot. Learn to strike the ball with maximal use of the body, externally rotating the left elbow, while keeping the left wrist stiff and rolling the right hand/wrist during the

 Pelvic injuries occur when the enthusiastic weekend player plays 36 holes daily, repeatedly straining on the downswing. Follow-through should be aimed directly at the target and not the sky.

· Right knee injuries occur from overuse of driving the ball on the downward swing. Use the larger gluteal muscles and less of the leg muscles below the knee on the downswing.

 Using the CORE or large proximal muscles while golfing is a way to lessen injuries. When injuries do occur, do not let them become chronic. Golfers injuries respond great to Prolotherapy, a natural injection treatment which is utilized to stimulate healing of soft tissue injuries, as well as keep people active in their sport because there is almost no downtime.

This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois and one in Fort Myers.

It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@car-

Beckwith Addresses National Summit On Advanced Illness Care



Randy Axelrod, MD, Cheryl Phillips, MD, Jean Kutner, MD, Robert Sowislo, and Hope HealthCare Services President and CEO Samira K. Beckwith served on The Continuum of Care panel discussion at the 2015 National Summit on Advanced Illness Care in Washington, DC

amira K. Beckwith, president and CEO of Hope HealthCare Services, addressed the 2015 National Summit on Advanced Illness Care: Driving Change through Leadership, Evidence and Action held in Washington, DC. Beckwith served on a panel titled The Continuum of Care, where she shared Hope HealthCare as a model for providing exceptional care and support to individuals and their loved ones as they fulfill life's journey.

The two-day summit was convened by the Coalition to Transform Advanced Care (C-TAC) to provide an opportunity for innovators in policy, as well as nationally recognized healthcare providers, faith leaders, patients and family members from across the nation, to discuss implementing proven models of care.

One of C-TAC's primary goals is to ensure that people have access to high quality, person- and family-centered care.

For more information, visit www.HopeHCS.org.

deaRPharmacist

Be Concerned **About Low Blood Pressure**



by Suzy Cohen, RPh

ear Reader: There is nothing to be concerned about.

Have you been told this by your medical provider?

Yet you have trouble thinking, you're tired all the time and frequently

feel cold. You probably "gray out" first thing in the morning when you get out of bed or stand up too quickly. When the nurse takes your blood pressure (BP) at your appointment and it is 100/60 or 80/50, she says, "There is nothing to be concerned about.

Umm, what's wrong with this picture? Symptoms like this can indicate a problem and craving salt is a possible clue. The craving is due to an inability to hold on to sodium. FYI, the backbone of salt is sodium chloride. If you've ever been in an emergency room, there's a monitor with an alarm that goes off as soon as your diastolic BP dips below 50 or your pulse drops below the normal

threshold. When this happens, it means your body is not getting adequate blood flow through the vessels and the pressure drops. Many of you have chronically low pressure (90/60 or lower) and walk around daily with symptoms that get ignored. Unless you actually faint, or have significant lightheadedness or dizziness, you will be dismissed, possibly for years. I'd like you to learn about the condition of low blood pressure, sometimes termed "orthostatic hypotension." It's the opposite of "hypertension" or high blood pressure which is what most people fear because it contributes to heart attack and

Low blood pressure or "orthostatic hypotension" is equally bad and it's a symptom of various problems including anemia, electrolyte imbalances, heart disease, adrenal insufficiency and Addison's disease, chronic Lyme disease, neurological dysfunction, dysautonomia and autoimmune conditions. is a side effect of drugs used to lower blood pressure such as diuretics, ACE inhibitors and many others. The condition of POTS (Postural Orthostatic Tachycardia Syndrome) is another huge overlooked cause for this and one I urge you to evaluate yourself for. A prescription for the drug Florinef (fludrocortisone) could very well become your miracle drug, and a true game changer. How many times do you hear me say that about a medication?

Now, answer the following questions: Does my pulse or blood pressure

run low?

Does my heart quicken when I stand

Do I feel weak or tired? Am I dizzy frequently?

Do I crave salt?

Do I get up reeeeaally slowly so I don't

Test yourself. It's important trust me, there's a correlation with brain atrophy, congestive heart failure, fractures and ability to tolerate anesthesia. Addressing POTS if you have is important. You wouldn't just leave a leak in your vehicle's gas line would you?

There was a scientific paper published

in the journal Heart (March 2014), where researchers extensively reviewed several studies that included over 56,000 participants. Of that total number, 11,580 patients died. Those people with orthostatic hypotension had a higher risk of death from all causes which just confirms my point: There is something to be concerned about.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www. . SuzyCohen.com.☆

Free Autism Screening

olisano Children's Hospital of Southwest Florida, in partnership with Ronald McDonald House Charities of Southwest Florida, offers a free monthly autism spectrum disorder screening for toddlers 18 months to 5 years of age.

The next screening on the Ronald McDonald Care Mobile will be held on April 17 from 9:30 a.m. to 2 p.m. at the McDonald's Gulf Coast Town Center, 17800 Ben Hill Griffin Parkway in Estero.

It is estimated that one in every 68 children is diagnosed with some form of Autism Spectrum Disorder, making it more common than childhood cancer, juvenile diabetes and pediatric AIDS combined.

Medical consultants for the project stress that an early diagnosis can make a vast difference for toddlers and their families. They say early intensive behavioral intervention can make an immense difference not just in the development of the child, but in their families as well.

The ASD screening is conducted by the Golisano Children's Hospital of Southwest Florida. The screenings are administered by an advanced registered nurse practitioner, who has extensive training and experience in typical child development and developmental disor-

A physician referral is not required. To schedule a screening, call 343-6838.🌣

Mom And Me





by Lizzie and Pryce

izzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

Thirty years ago, our second son was born and he was severely handicapped. We gave him the best of care, but his care and responsibility destroyed our financial security, our marriage, and our normal son suffered because he did not get the time and attention needed for his care. Our handicapped child died at 23 years of age.

Our oldest son is married and they told me his wife is six weeks pregnant. On a recent visit, I told her I had read a medical article that said some doctors are telling their pregnant patients not to go

into saunas or hot tubs in the early stages of pregnancy because the high heat may cause problems for the developing child.

My daughter-in-law listened and two hours later I saw her go into their very hot, hot tub and stay for 40 minutes. The following day, she did the same.

I made no comment and left after my two-day visit. I could hardly leave soon enough. Why do you think she would act this way in light of our family's history with a handicapped child?

Margaret

Dear Margaret,

I am sorry, and I am sure your daughter-in-law's actions felt like a slap in the face and disrespectful to your family history. Unfortunately I have found, no matter your experience, it is very difficult to be a prophet in your own land. I can only imagine that this issue is of critical importance to you. Perhaps your son would be a more receptive audience.

Pryce

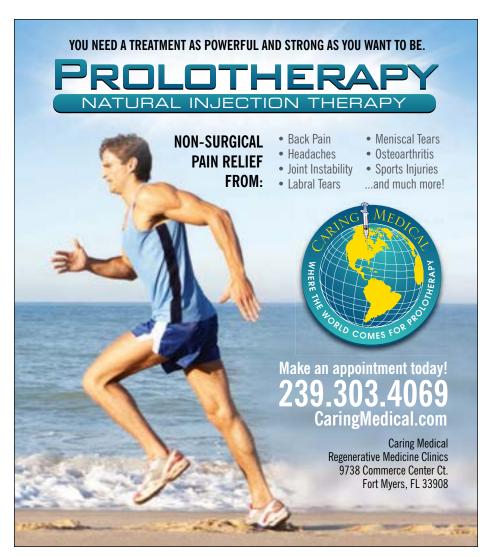
Dear Margaret,

I cannot imagine why your daughterin-law would do anything that would endanger her developing baby.

Many people, young and old, will not take advice given by anyone. I once heard a heart surgeon complain that he tries so hard to help his patients and many will not take his advice to help themselves.

It must have been difficult for you not to say something in response to her actions, but she seems to be determined to decide for herself what she will do and what she will not do.

Lizzie and Pryce's email address is momandmeaging@hotmail.com.\$\\$





The Scanlon crew

Habitat Build Comes Full Circle

eople never know when the goodwill they unselfishly show toward others will have a more profound impact than they expected.

Jay Scanlon, vice president of Scanlon Auto Group in Fort Myers, recently experienced such a reward during his company's Habitat Build in Fort Myers.

Companies like Scanlon Auto may sponsor to build a Habitat home for \$50,000 as well as donate its time to help raise the walls on the structure. In February, more than 35 employees of Scanlon Auto showed up on a Saturday morning to help build a home in East Fort Myers.

They knew they were helping to provide a life-changing experience for a single mother working two jobs to provide for her three children. What they didn't realize until after their work was completed was that the single mother they were building the home for was linked to Scanlon's own family.

"It turns out that for the past year and a half. Toria Solomon has been helping care for my aunt living at Shell Point Retirement Community," said Scanlon. "It's always just been our natural corporate culture to give back to our community, but to have it touch someone who has been so good to my family in a time of need is incredibly humbling.

When I found out Jay Scanlon was the sponsor of my home, I was in disbelief. I felt like I had known him and his family for years because of the stories his aunt had shared with me. I am so grateful to be given the opportunity to become a Habitat homeowner and for the generosity of Jay Scanlon and the Scanlon Auto Group," said Solomon, Habitat for Humanity homeowner candidate.

Habitat homes are built through the use of volunteer labor and donations of money and materials. The homes are then sold to low-income families with an interest-free mortgage and monthly payments set at less than 30 percent of the homeowner's income, making homeownership an affordable reality. Habitat homeowners must qualify financially for



the evening's Best Dressed list. Florida is getting ready to roll One hundred percent of the donations out the red carpet for its sparsupport the continued advancement of Dress for Success Southwest Florida's programs for women in Collier and Lee counties, including personalized job interview suiting with a Personal Shopper; Wear your finest cocktail attire in Dress for Success boutiques in Naples and Fort Myers; and encouraging and mentoring women who are unemployed,

underemployed and starting their own business.

We're thrilled that our annual event has earned such a prominent place on the community's social calendar," said CEO Barbara Dell. "We finally have a boutique and office in Naples to provide clothing and services for underprivileged women in Collier County. It's gratifying that so many of our supporters look forward to the glitter and fun of this special evening as well as the opportunity to promote our life-changing mission.'

Tickets are \$125 and sponsorship opportunities and table sales are still available. For more information or to purchase tickets, call 689-4992 or email swflorida@dressforsuccess.org.



Bill Smith, Chris Downing, Jay Scanlon

the program, save \$1,700 toward their closing costs, attend classes focusing on successful homeownership, budgeting and home maintenance, and complete 300 hours of "sweat equity" by volunteering at Habitat for Humanity.

Scanlon Auto Group supports a number of charitable events and organizations through monetary support and materials including vehicles for golf tournaments, parades and races. Annually, Scanlon Auto donates more than \$100,000 locally. As a Lexus dealer, it provides support through various corporate programs including The Lexus Pursuit of Potential,

Dealer Matching Funds, the Lexus Eco Challenge, Champions for Charity golf events and more. In addition to being major sponsors of the American Cancer Society, the American Heart Association and the Golisano Children's Hospital of Southwest Florida, Scanlon Auto is also a major contributor to The United Way of Lee County, Arts for ACT, Boys & Girls Clubs of Lee County, the Harry Chapin Food Bank and many other organiza-

For more information on volunteering, call 652-1684 or visit www.habitat4hu-

Business And Tourism Awards

or the sixth consecutive year, the Lee County Visitor & Convention Bureau (VCB) and the Greater Fort Myers Chamber of Commerce will host the annual Celebration of Business & Tourism Chrysalis Awards Luncheon and Trade Show. It will take place on April 16 at Harborside Event Center, Fort Myers, from 10:30 a.m. to 2 p.m.

Six award recipients will be announced. Nominees include area attractions, accommodations, retailers, educational institutions, non-profit organizations and a variety of local businesses in six categories: Business Development, Sustainability, Cultural Achievement, Education, Sports and Sales & Marketing. A panel of local business community leaders judged the nominations and selected one award recipient for each of the six categories.

The Chrysalis Awards signify an ongoing partnership between the business and tourism communities that are working together to increase the business community's awareness of the tourism industry and to help tourism partners better understand the needs of non-hospitality businesses. This collaboration is creating stronger resources for the good of the area's diverse communities and destina-

Also, the VCB will present its longstanding annual Junonia Award. This honor was created in 2006 to recognize individuals in tourism who have demonstrated unique capabilities, leadership, commitment and dedication throughout the local tourism community.

The cost to attend the event is \$45. Register online at Chrysalis Awards.

Guests are asked to contribute food items to support Community Cooperative Ministries. For every five items, guests receive one raffle ticket to be entered into a drawing for a chance to win a prize.

Free Tax Preparation

Tith only a few days left to file taxes, you can still find free assistance at Volunteer Income Tax Assistance (VITA) sites.

Don't pay extra in tax preparation fees if you don't have to. If you make less than \$57,000 per year, VITA trained and certified tax preparers can prepare and file your taxes completely free. Taxpayers can schedule an appointment online at www.unitedwaylee.org, and clicking on the VITA Free Tax Preparation link. To date, the program has assisted 1,895 taxpayers in filing over \$3 million in refunds.

A few sites will be extending hours on April 15 to serve a greater number of taxpayers. Those sites are:

• Estero-San Carlos: Interfaith Charities building at 17592 Rockefeller Circle, Fort Myers will be accepting walkins all day on April 15 between 9 a.m. and 7 p.m.

• Lee County Department of Human Services: 2440 Thompson Street, Fort Myers will have additional appointments from noon to 5 p.m. You must schedule an appointment for this site online at www.unitedwaylee.org or by calling 533-

Plenty of appointments are still available at select sites including the Heights Center, Bonita Springs, North Fort Myers and Immokalee. Visit www.unitedwaylee. org or dial 2-1-1 or 433-3900 for more

Tickets Available For Fashion Night In Black & White

kling annual signature event, A Fashion Night in Black & White, to be held on Wednesday, April 29 at 6 p.m. at the Hilton Naples.

black, white (or white and black) for an evening of fashion, hors d'oeuvres, champagne, dinner, a silent auction and many delightful surprises to support Dress for Success Southwest Florida in its important work of promoting the professional development of women in Collier and Lee counties. Guest speaker will be Donna Noce, president of White House Black Market and founding president of Dress for Success Southwest Florida. ABC-7 anchor Amy Sedlacek will be the master of ceremonies. Guests will get an up-close look at White House Black Market's Summer 2015 line of fashions. The fashion show will be produced and directed by the White House Black Market corporate team headquartered in Southwest Florida.

As supporters of Dress for Success

ID YOU KN

TRIVIA TEST

- MONARCHIES: Who is the longest reigning monarch of Britain?
- PRESIDENTS: Name the only U.S. president who never lived in the White
- MYTHOLOGY: Which one of the Greek Muses was associated history?
- GEOGRAPHY: What is the name of the strait that separates Sicily from the Italian mainland?
- LANGUAGE: Who coined the word "utopia"?
- HISTORY: When was Charles Lindbergh named Time magazine's "Man of the Year"?
- ENTERTAINMENT: Which 20th-century actress was dubbed "The Legs"?
- GAMES: In cricket, how many players are on each side?
- LITERATURE: Who wrote the 19th-century novel "Little Dorrit"?
- 10.GENERAL KNOWLEDGE: What is antimony?

ANSWERS

Dickens 10. A metal element.

1. Queen Victoria, 63 years. Queen Elizabeth II would surpass her on Sept. 9, 2015. 2. George Washington 3. Clio 4. Messina 5. Thomas More 6. 1927 7. Betty Grable 8. 11 9. Charles Dislement

AQUARIUS (January 20 to February 18)

FOR WEEK OF APRIL 13, 2015 ARIES (March 21 to April 19) A prob-

lem in getting a workplace project up and moving might upset the Lamb, who likes things done on time. But be patient. The delay could turn out to be a blessing in dis-

My Stars ★★★★

TAURUS (April 20 to May 20) Your instincts are usually on the mark, so if you feel uneasy about being asked for advice on a certain matter, it's probably a good idea that you opt not to comply with the request.

GEMINI (May 21 to June 20) You might have two minds about a proposed change (which often happens with the Twins), but once all the facts are in, you'll be able to make a definitive decision. Good luck.

CANCER (June 21 to July 22) The Crab's frugal aspect dominates, so while you might be reluctant to pay for technical repairs, the time you save in getting things back on track could be well worth the

LEO (July 23 to August 22) While you Leos and Leonas continue to concentrate on doing well in your work-related ventures this week, consider reserving the weekend for sharing good times with family and friends.

VIRGO (August 23 to September 22) This is a good week to take stock of the important personal, professional or familial relationships in your life and see where you might need to do some intense shoring up.

LIBRA (September 23 to October 22) Your sense of justice makes you the likely person to help deal with a work- or familyrelated grievance. But you need to have any doubts about anyone's true agenda resolved

SCORPIO (October 23 to November 21) The Scorpio passion for getting things done right and on time might rankle some folks. Never mind them. Others will be impressed, and they're the ones you want in your corner.

SAGITTARIUS (November 22 to December 21) Finances could be a mite tight this week. And, while things will ease up soon enough, you savvy Sagittarians will want to keep a prudent eye on your expenses

CAPRICORN (December 22 to January 19) Although a technical malfunction could cause a temporary delay in getting things up and running, you could use the time to recheck your operation and make changes where necessary.

You might find it difficult to resist making a snap judgment about a colleague's behavior. But stick with your usual way of assessing situations and wait for the facts to come out.

PISCES (February 19 to March 20) Asking for help with a family situation might be the wisest course to take right now. Just be sure you turn to someone you can trust to do and say the right thing for the right

BORN THIS WEEK: People see in you a born leader whom they can follow and put their trust in.

THIS WEEK IN HISTORY

- On April 13, 1360, an Easter Monday hailstorm kills an estimated 1,000 English soldiers in Chartres, France. Lightning struck down several leaders, and hailstones began pelting the soldiers, scattering the horses. Hail typically falls at about 100 mph.
- On April 17, 1885, Karen Dinesen, better known by her pen name Isak Dinesen, is born in Denmark. Dinesen's memoir, "Out of Africa" (1937), helped demystify the Dark Continent for millions of readers. She published several other story collections before her death in 1962.
- On April 19, 1897, John J. McDermott of New York won the first Boston Marathon in a time of 2:55:10. Various routes had been considered before a measured distance of 24.5 miles from the Irvington Oval in Boston to Metcalf's Mill in Ashland was selected. The marathon's distance was changed in 1908 to its current length of 26 miles 385 vards.
- On April 14, 1918, six days after being assigned to the Western front, pilot Douglas Campbell from the U.S. First Aero Squadron engages in America's first aerial dogfight with enemy aircraft. By the end of May, Campbell had shot down five enemy planes, making him the first American to qualify as a "flying ace" in World War I.
- On April 16, 1943, Albert Hoffman, a Swiss chemist working at the Sandoz pharmaceutical research laboratory, accidentally consumes LSD-25, resulting in unusual sensations and hallucinations. Widespread use of the so-called mind-expanding drug began in the 1960s.
- On April 15, 1967, a massive parade to protest Vietnam War policy is held in New York. Police estimated that 100,000 to 125,000 people listened to speeches by Martin Luther King, Jr. and Dr. Benjamin

- 1. Three players have compiled 3,000 hits, 350 stolen bases and 250 home runs during their major-league career. Name two of them.
- Who are the only two pitchers to toss a no-hitter against the same team twice in their career?
- Three quarterbacks have tallied a total of 50 or more touchdown passes in their first two NFL seasons. Name two of them.
- 4. Oscar Robertson (1957-60) was the first player in University of Cincinnati men's basketball history to compile 2,000 career points (2,973). Who was the second?
- How many consecutive shootout losses did the New Jersey Devils have before the streak ended against Winnipeg in 2014?
- When was the last time before 2014 that Honduras' men's soccer team scored a goal in World Cup play?
- 7. Who was the last University of Oregon cross-country runner before Edward Cheserek in 2013-14 to win consecutive Division I championships?

ANSWERS

and Tim Lincecum (2013, '14 versus San Diego), 3. Dan Marino (68), Peyton Manning (52) and Russell Wilson (52), 4. Sean Kilpatrick (2,145 points, 2010-14), 5. An MHL-record 18 games. 6. It was 1982, When Honduras scored a goal against both Morthern Ireland and Spain. 7. Steve Prefontiatine, 1970-71. 1. Craig Biggio, Rickey Henderson and Derek Jeter. 2. Addie Joss (1908, '10 versus Chicago White Sox)

Spock. Prior to the march, youths burned nearly 200 draft cards in Central Park.

• On April 18, 1983, the U.S. embassy in Beirut, Lebanon, is almost completely destroyed by a car-bomb explosion that kills 63 people, including the suicide bomber and 17 Americans. The terrorist attack was carried out in protest of the U.S. military presence in Lebanon.

STRANGE BUT TRUE

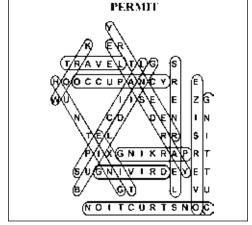
- It was Senator Eugene McCarthy who made the following sage observation: "Being in politics is like being a football coach. You have to be smart enough to understand the game, and dumb enough to think it's impor-
- In 1916, the town of Erwin, Tennessee, used a train's derrick car to hang an elephant for the crime of murder.
- Your hands and feet have more sweat glands than any other part of your body.
- You might be surprised to learn that Zachary Taylor, the 12th president of the United States, didn't vote in a single presidential election until his own name was on the ballot.
- If you leave a faucet running for a single minute, approximately 3 to 5 gallons of water will be washed down the drain.
- It was the spring of 1936, and John Steinbeck was working on his novel "Of Mice and Men." He was also working on training his new puppy, Toby. The training evidently wasn't going well; one day, Toby chewed up half of Steinbeck's handwritten manuscript -- the only copy. The author took the setback pretty well, it seems: A few days after the incident, he wrote to a friend, "I was pretty mad but the poor little fellow may have been acting critically. I didn't want to ruin a good dog on a [manuscript] I'm not sure is good at all. He only got an ordinary spanking with his punishment flyswatter.
- It's been reported that Elvis Presley knew by heart every word spoken in the film
- If you're like 7 percent of American workers, you had a job at McDonald's at some point in your life.
- According to ancient Chinese medical practice, doctors only got paid once their patients became healthy again.

THOUGHT FOR THE DAY

"Hell is a half-filled auditorium." --Robert Frost

PUZZLE ANSWERS







Stuffed Strawberries

his recipe is for strawberries on a white plate with a red and white towel with a garnish of fresh mint and chocolate chip and crumbles of hard toffee and sprinkles:

8 ounces mascarpone cheese 1 pound Florida strawberries 1/4 cup powdered sugar

1 teaspoon natural vanilla extract

1 teaspoon lemon zest, grated Fresh mint leaves for garnish

Mini chocolate chips, crumbled hard toffee, cupcake sprinkles, crumbled cookie, toasted and crumbled nuts or your favorite topping
In a medium-sized mixing bowl,

combine mascarpone cheese, powdered sugar, vanilla and lemon zest.

Stir ingredients to combine.

Use a small melon baller or paring knife to hollow out the insides of the strawberries.

Use a small spoon to fill the hollowed-out strawberries with the mascarpone mixture.

Top the filled strawberries with assorted toppings.

Garnish with fresh mint leaves and serve cold.☆



Stuffed Strawberries

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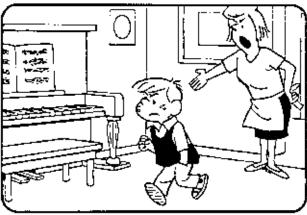
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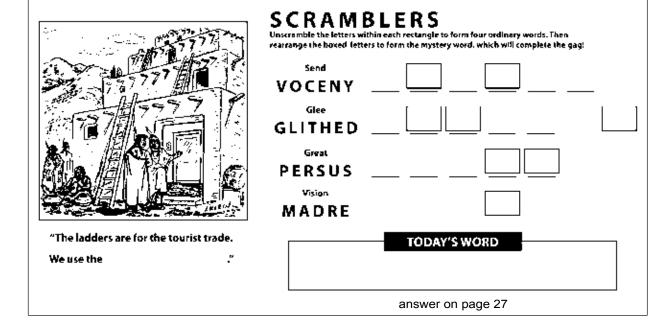
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PUZZLE ANSWERS

SUDOKU

8	1	5	4	6	3	9	7	2
6	2	9	1	8	7	3	4	5
7	3	4	5	2	9	6	1	8
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3	9	6	7	1	5	8	2	4
2	8	1	6	3	4	5	9	7

SCRAMBLERS

solution

1. Convey; 2. Delight;

3. Super; 4. Dream

Today's Word

ELEVATOR

Shore Fishing: Don't Harm The Fish

by Capt. Matt Mitchell

anding a big f sh from the beach can be hard on the f sh. Dragging a f sh up onto the sand if you're going to release it is not an option as it usually damages or kills the f sh.

- Hold the f sh in the water while you unhook it if you're going to release it.
- The less you can touch a f sh before release the better for the f sh.
- If you want a picture with the f sh, support it as you lift it out of the water and do it quickly.
- Before releasing, revive the f sh while holding it in the water; moving it slowly back and forth so water goes over its gills. The f sh will let you know when it's ready to swim off.
- · Florida just recently changed the regulations on f shing from shore. Florida residents as well as out of state visitors need a f shing license to f sh from shore.

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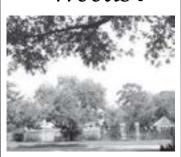
3 Bedrooms, 3 Baths, 3,328 sq ft. (2008) Briarcliff/Fort Myers. 2.39 acres, cleared. Spacious rooms, large kitchen, open f oor plan. Call (239) 671-1011 for info. **☆**NS 4/10 CC 4/10

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*NS 4/10 CC 4/24

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on Horseshoe Lake, Sanibel, 3 BD/2.5BA with private heated pool, 28 days minimum, no smoking or pets. Call for details, 914-760-0187. *RS 3/13 CC 4/17

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ANNUAL RENTAL

ANNUAL RENTALS **SANIBEL**

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ANNUAL RENTAL WANTED

ANNUAL RENTAL WANTED

Seeking annual rental of at least 2 bd/2bth for 1-2 yr lease. Local working medical professional with family of 2 plus toy poodle. Excellent local references. (810) 471-0025

ANNUAL RENTAL WANTED

Recent island resident/community member/ many years BIG ARTS employee seeks low cost unfurnished annual rental for self and small cat. Help us come home? Wendy 239-823-2399. ±NS 2/13 NC TFN

ANNUAL RENTAL WANTED

Annual rental wanted Island family 2 adults 1 eleven year old boy. We have lived on the island for almost 4 years. Sons attends Sanibel school. We would love to have a 3 year rental. Have excellent references.

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HELP WANTED

VOLUNTEER/ JOB OPPORTUNITIES

PAID volunteer opportunities to seniors, age 55 and over, to tutor/mentor children in elementary schools & after-school programs. Offering a stipend, mileage reimbursement, annual physical, holiday, vacation, and sick pay - all tax exempt. Providing struggling school children a chance to succeed in school, and offering opportunities that will last a lifetime. Call Joan at The Dr. Piper Center at 239-332-5346.

VOLUNTEER OPPORTUNITY

The Sunshine Ambassador Program is a new and exciting volunteer opportunity offered at the Golisano Children's Hospital of Southwest Florida located within HealthPark Medical Center. The Sunshine Ambassadors will greet, assist and be a positive f rst point of contact for patients, families and visitors entering the hospital. The Ambassadors also make a difference to families by providing educational and healthful resources to assist in GRANDparenting for GRANDchildren. We are currently seeking year-round volunteers to work
one 4-hour shift Monday through Friday from 8:00 am to 12:00 pm or 12:00pm to 4:00 pm. If you would be interested in learning more about this wonderful new opportunity, please contact Lisa Ellinwood, Volunteer Resources Coordinator at 239-343-5062 at the Golisano Children's Hospital.

HELP WANTED

EARLY CHILDHOOD COORDINATOR Early Childhood Coordinator

at Sanibel Community Church Apply to Kathy@sanibelchurch.com 20 hrs/week including Sundays and Wednesdays. Christian w/ experience overseeing kids programing 0-5 yrs.

CASHIERS/BAGGERS

Jerry's Foods is looking for Cashiers/Baggers night time hours 3 to 10 Sunday through Saturday 29 hrs a week. We are also looking for Servers in the Restaurant various hours 7 days a week. If interested contact Tami or Mark (239) 472-9300. #NS 2/6 CC TEN

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VOLUNTEERS NEEDED

Volunteers needed for light general maintenance. Call (CHR) Community Housing & Resources, Inc. 472-1189. **☆NS 11/1 NC TFN**

VOLUNTEERS NEEDED

The Bailey-Matthews National Shell Museum needs Education and Great Hall volunteers. No experience necessary, will train. Please contact Melanie at (239) 395-2233 ext 11.

VOLUNTEERS NEEDED IMMEDIATELY

The Senior Companion Program provides volunteer opportunities to seniors 55 yrs. old and older, to offer companionship & friendship to frail elderly individual who are homebound and generally living alone. These volunteers serve 20 hours each week and receive a small non-taxable stipend, of \$2.65 per hr. and .40 a mile for travel, on-duty insurance, as well as annual health screening. Please call the Dr. Piper Center at (239) 332-5346 ask for Jonah or Lourdes.

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8				6		9		
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	9		7			8		
		1	6		4			7

SUDOKU

To play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 25

Pets Of The Week

y name is Casper and I'm a special needs dog. I'm special and I really need you. I was born deaf so we will have to learn some sign language to communicate. I'm super smart and am just as trainable as pets who can hear. I may need to be the only dog in your family because I'm still learning how to play with other pets. My adoption fee is \$40 (regularly \$75) during Animal Services' Catch Spring Fever adoption promotion for dogs 40 pounds and over.

They call me McGee and if you are looking for a cuddly lap cat, then I'm your guy. I'm easy going and get along with other cats. I have my tuxedo on and I'm ready to go to my new home. My adoption fee is \$50 (during Animal Services' adoption promotion, get \$20 off when you donate an item for Animal Services' Kitten Shower throughout April).

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www. LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 11:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive, Fort Myers, next to the Lee County Sheriff's Office, off Six Mile Cypress Parkway.

All adoptions include spay/neuter

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at



Casper ID# 614659



McGee ID# 614583

THE	$\overline{}$
Emergency.	`
Empreparcy FROM THE BEACHS TO DOWNTOWN FORT MISES	011
Loo County Shariff's Off so	477 1200
Lee County Sheriff's Off ce	222 6066
Florida Marine Patrol	279 7100
Poison Control1-80	270-7100 nn 202 2171
HealthPark Medical Center	
Ft. Myers Chamber of Commerce	222 2624
Foundation for Quality Childcare	332-3024
Fort Myers Beach Chamber of Commerce	
Fort Myers Beach Library	
Lakes Regional Library	533-4000
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Florida West Arts	948-4427
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Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	
The Schoolhouse Theater	
SW Florida Symphony	418-0996
Theatre Conspiracy	936-3239
Young Artists Awards	574-9321
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Angel Flight	4AN-ANGEL
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon of SWFL	339-8046
Caloosahatchee Chapter DAR	
Caloosahatchee Folk Society	
Cape Chorale Barbershop Chorus	55-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
Edison Porcelain Artists	445 0404
	415-2484
Embroiderers Guild of America - Sea Grape Chapter	415-2484 39-267-1990
Embroiderers Guild of America - Sea Grape Chapter 23	39-267-1990
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Embroiderers Guild of America - Sea Grape Chapter	39-267-1990 728-3743 561-9164 39-257-2654 472-8334 472-6940 549-9625
Embroiderers Guild of America - Sea Grape Chapter	39-267-1990 728-3743 561-9164 39-257-2654 472-8334 472-6940 549-9625 939-7278
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Embroiderers Guild of America - Sea Grape Chapter	39-267-1990 728-3743 561-9164 39-257-2654 472-8334 472-6940 549-9625 939-7278 482-6713 731-1901 667-1354
Embroiderers Guild of America - Sea Grape Chapter	39-267-1990 728-3743 561-9164 39-257-2654 472-8334 472-6940 549-9625 939-7278 482-6713 731-1901 667-1354 332-2408
Embroiderers Guild of America - Sea Grape Chapter	39-267-1990 . 728-3743 . 561-9164 39-257-2654 . 472-8334 . 472-6940 . 549-9625 . 939-7278 . 482-6713 . 731-1901 . 667-1354 . 332-2408 . 939-1338
Embroiderers Guild of America - Sea Grape Chapter	39-267-1990 . 728-3743 . 561-9164 39-257-2654 . 472-8334 . 472-6940 . 549-9625 . 939-7278 . 482-6713 . 731-1901 . 667-1354 . 332-2408 . 939-1338
Embroiderers Guild of America - Sea Grape Chapter	39-267-1990 728-3743 561-9164 39-257-2654 472-8334 472-6940 549-9625 939-7278 482-6713 731-1901 667-1354 332-2408 939-1338 561-2118
Embroiderers Guild of America - Sea Grape Chapter	39-267-1990 728-3743 561-9164 39-257-2654 472-8334 472-6940 549-9625 939-7278 482-6713 731-1901 667-1354 332-2408 939-1338 561-2118 or 454-8090
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Embroiderers Guild of America - Sea Grape Chapter	39-267-1990 728-3743 561-9164 39-257-2654 472-8334 472-6940 549-9625 939-7278 482-6713 731-1901 667-1354 332-2408 939-1338 561-2118 or 454-8090 694-1056 691-1405
Embroiderers Guild of America - Sea Grape Chapter	39-267-1990 728-3743 561-9164 39-257-2654 472-8334 472-6940 549-9625 939-7278 482-6713 731-1901 667-1354 332-2408 939-1338 561-2118 or 454-8090 694-1056 691-1405 218-5768
Embroiderers Guild of America - Sea Grape Chapter	39-267-1990 728-3743 561-9164 39-257-2654 472-8334 472-6940 549-9625 939-7278 482-6713 731-1901 667-1354 332-2408 939-1338 561-2118 or 454-8090 694-1056 691-1405 218-5768 482-0869
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Embroiderers Guild of America - Sea Grape Chapter	39-267-1990 728-3743 561-9164 39-257-2654 472-8334 549-9625 939-7278 482-6713 731-1901 667-1354 332-2408 939-1338 561-2118 or 454-8090 694-1056 691-1405 218-5768 482-0869 463-9738 466-4228 898-1921 768-0417 477-4906 332-8158 472-6940 433-2000 or 433-3900 395-2233 337-9505
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Embroiderers Guild of America - Sea Grape Chapter FM UDC Chapter 2614 - United Daughters of the Confederacy Friendship Force Of SW FL Garden Club of Cape Coral	39-267-1990 728-3743 561-9164 39-257-2654 472-8334 472-6940 549-9625 939-7278 482-6713 731-1901 667-1354 332-2408 939-1338 561-2118 or 454-8090 694-1056 691-1405 218-5768 482-0869 463-9738 466-4228 898-1921 768-0417 477-4906 332-8158 472-6940 433-2000 or 433-3900 395-2233 337-9505 379-505 331-7558 331-7420 472-1100 39-992-0311 39-334-2550 765-8101
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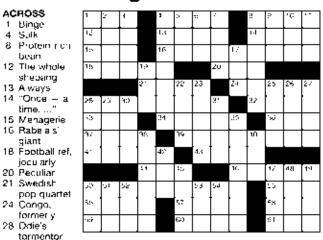
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answers on page 25

THE THIN, THE FLAT, Super Crossword AND THE ROUND



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MAGIC MAZE ● — PERMIT

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> Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Building Construction: Cutting Driving

Exit Hunting Learners Occupancy Oversize Parking Re-entry Special

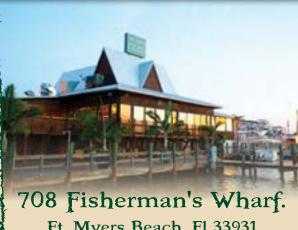
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